

PHYSICAL AND MENTAL HEALTH

Access Line: Mental Health Screening, Crisis Support, Referrals, Info 1-888-868-1649, 24-Hour Toll Free

American Indian Health and Services

4141 State St. A-3, SB Phone: 805-681-5488

C.A.R.E.S Outreach

Crisis and recovery emergency services. Call for help with assessment and psychiatric referral. Sara Grasso, MFT
Phone: 805-884-6850; 805-698-0071

Community Counseling & Education Center

923 Olive St, Suite 1, SB Phone: 805-962-3363

Cottage Hospital & Emergency Room (911 for medical crisis, or behavior that is a danger to self or others)
400 W. Pueblo St, SB Phone: 805-682-7111

Cottage Hospital Emergency Psychiatric Services

Phone: 805-569-8339

Doctors Without Walls- SB Street Medicine

Free, volunteer medical care to the most vulnerable in SB County. 4 clinics to serve the diverse medical needs of SB. Clinics are offered year round, rain or shine. Clinics:

• **Isla Vista Clinic** (6586 Picasso Road Isla Vista, CA 93117)- Every other Mon 5pm (no Doctors)

• **Pershing Park Clinic**- Every Wed 5:30pm.

• **Alameda Park Clinic**- Every Thurs 6pm.

• **Women's Free Homeless Clinic at Transition House** (434 E Ortega St) 2nd, 3rd and 4th Fri of each Month from 9:30am-2pm. Free medical care, showers, laundry, clothing & lunch. Free roundtrip transportation from Transit Station, SB Library & PATH.

Domestic Violence Solutions

24-Hour Crisis Line: 805-964-0965 Phone: 805-963-4458

Eastside Family Dental Clinic

923 N. Milpas St., SB Phone: 805-884-1998

Eastside Neighborhood Clinic

915 N. Milpas St., SB Phone: 805-963-1641

Integrated Care Clinic

115 W. Anapamu St #B151 Phone: 805-963-1642

NOTES:

(Physical & Mental Health cont.)

Franklin Health Care Center, 1136 E. Montecito St., SB
Phone: 805-568-2099

Franklin Health Care Center @ PATH/Casa Esperanza, 816 Caciue St, SB
Phone: 805-884-8481

Franklin Health Center @ Rescue Mission, 535 E. Yanonali St, SB Phone: 805-966-1316

Hospice of SB (Grief Counseling)

Phone: 805-563-8820

Human Trafficking Resource Center

1-888-373-7888

Medical Detox Cottage Hospital (with insurance)

Phone: 805-569-7253 (Intake)

Mental Wellness Center (formerly Mental Health Association)

617 Garden St, SB Phone 805-884-8440

New Beginnings Counseling Center, 324 East Carrillo St, Suite C, SB Phone: 805-963-7777

Pacific Pride Foundation, 608 Anacapa St, SB
Phone: 805-963-3636

Pathpoint, 402 E Carrillo St, B, SB Phone: 805-963-1086

Planned Parenthood, 518 Garden St, SB

Phone: 888-898-3806 for walk in hours

Project Recovery Detox Program, 133 E. Haley St., SB
Phone: 805-963-1836

Rape Crisis Center, 433 E. Canon Perdido, SB
24-Hour Crisis Line Phone: 805-564-3896 Phone:
805-963-6382

Santa Barbara Health Care Center, 345 Camino Del Remedio, SB Phone: 805-681-5488

Victim Witness (Victims of crimes), 1112 SB St, SB
Phone: 805-568-2400, 805-568-2453

Westside Neighborhood Clinic, 628 W. Micheltorena St., SB
Phone: 805-963-1546

VA (SB Community Based Outpatient Clinic), 4440 Calle Real, SB
Phone: 805-683-1491



YOU CAN FIND A MORE DETAILED RESOURCE GUIDE:

www.commongrounds.org

HOME FOR GOOD
Santa Barbara County



SOUTH COUNTY

This resource list is a starting guide, tailored specifically for people experiencing homelessness. It is not meant to provide an exhaustive list to every resource available and the list is open to suggestions and revisions. A more complete Guide can be found at www.commongrounds.org. Common Ground Santa Barbara County does not endorse any particular service, residential or outpatient program. This list is provided for information only. You can also call the 211 Helpline – dial 211 from a phone for referrals to services throughout Santa Barbara County.

SHELTER/TRANSITIONAL

Domestic Violence Solutions, 24 hr hotline/phone:
805-964-5245

New Beginnings Safe Parking Program, 324 E Carrillo St, C, SB
Phone: 805-845-8492

Noah's Anchorage Youth Crisis Shelter, 301 W Figueroa St, SB
Phone: 805-963-8775

PATH, 816 Caciue St, SB, Phone: 805-884-8481

Salvation Army Hospitality House, 423 Chapala St, SB
Phone: 805-962-6281 (intakes weekdays 1pm)

Santa Barbara Rescue Mission, 535 E Yanonali St, SB
Phone: 805-966-1316

Transition House Family Shelter, 425 E Cota St, SB
Phone: 805-966-9668

Warming Centers Hot Line: 805-324-2372

www.commongrounds.org

For additions or edits email cgvolunteers@gmail.com. The work that provided the basis for this publication was supported by funding from the Santa Barbara County Department of Behavioral Wellness. The substance and findings of the work are dedicated to the public. The author is solely responsible for the accuracy of statements and interpretations. Such interpretations do not necessarily reflect the views of the government (12/7/17).

HOUSING

Garden Street Apartments, 617 Garden St, SB
Phone: 805-884-8440

Hotel de Riviera, 125 W. Carrillo St., SB
Phone: 805-963-6443

Peoples Self Help Housing, 26 East Victoria St SB
Phone: 805-962-5152 x 232

Sarah House (End-of-life Care), 2612 Modoc Rd. SB
Phone: 805-882-1192

SB City Housing Authority, 808 Laguna St, SB
Phone: 805-965-1071

SB Community Housing Corporation, 11 E. Haley St, SB
Phone: 805-963-9644

SB County Housing Authority, 5575 Armitos Ave, Goleta
Phone 805-967-3402

St. Vincents Family Strengthening Program, 4200 Calle Real, SB
Phone: 805-683-6381

VASH (VA Health Care Eligible Veterans)
Maya 805-904-3815; mya.thornburgh@va.gov

Villa Majella (Pregnant Women), 604 N. Kellogg Ave., SB
Phone: 805-683-2838

WillBridge, 904 W. Mission SB
Phone: 805-448-5547

SOCIAL SERVICES/VETERAN SERVICES

Santa Barbara County Social Services (General Relief, CalFresh/Foodstamps, MediCal)
234 Camino Del Remedio, SB Phone: 805-681-4401

Santa Barbara County Veterans Service Officer
315 Camino Del Remedio, Bldg. 2, Room 251, SB
Phone: 805-681-4500

Supportive Services for Veteran Families
805-963-7777 ext. 107 (New Beginnings)
805-962-6281 x115 (Salvation Army/Hospitality House)

VA (SB Community Based Outpatient Clinic/ including VA Social Worker), 4440 Calle Real, SB
Phone: 805-683-1491

US Social Security Admin Office, SB, 355 Paseo Nuevo, SB Phone: 866-695-6285

ADVOCACY & LEGAL

Bankruptcy Clinic, 1415 State St, SB
Weekly on Fri: 10am-12pm

Family Law Facilitator, 1100 Anacapa St, SB
Phone: 805-882-4660

Legal Resource Center, SB County Superior Court, McMahon Law Library, 2nd Floor, 1100 Anacapa St, SB
Mon-Fri 9am-12pm and 1:30-4pm
Phone: 805-568-3303

Law Offices of Natasha Chamberlin (Disability Law), 735 State St, Suite 512, SB Phone: 805-618-1600

Law Offices of Lisa Gilinger (Disability Law), 635 N. Alisos St, SB Phone: 805-568-5370

Independent Living Resource Center, 423 W. Victoria St, SB Phone: 805-963-0595

Parole Operations, 1555 W. 5th St., Oxnard
Phone: 805-382-8151

Probation, Santa Barbara County,
4500 Hollister Ave, SB, Phone: 805-692-4840
117 E. Carrillo St., SB Phone: 805-882-3753

LAUNDRY

Loads of Love, Every 3rd Sunday 1-3pm (last load in by 2:30pm) at House of Laundry, 310 N Milpas St, SB

FOOD

Santa Barbara Rescue Mission, Breakfast daily at 6am, Dinner Monday-Saturday at 6:15pm, Dinner Sunday at 5:15pm.

The Salvation Army Hospitality House, Breakfast daily at 7-9am.

Alameda Park: Dinner Thursday at 6pm.

Pershing Park: Dinner Wednesday at 5:30pm.

DIAL 2-1-1 FOR IMMEDIATE ASSISTANCE

Santa Barbara County's 2-1-1 Helpline is the first point-of-access to all community services, including information and referrals to housing, food, drug and alcohol abuse prevention and treatment, health facilities, counseling, mental health services, senior issues, financial assistance, legal assistance, child care, child and elder abuse services, recreation, and disaster relief.

Project Outreach (SB & Goleta): Volunteer lawyers provide "advice only" outreach at community centers, & offer pro bono representation in certain cases. Clients are seen on a "first-come, first served" basis, so arrive before 4pm to sign up. Doors close at 4pm. Call the community center ahead of time to ensure attorney will be present. Current hours of operation/locations:

Tues, 4pm, Franklin Neighborhood Center, 1136 E. Montecito St, SB, Phone: 805-897-2582

Wed, 4pm: Goleta Valley Community Center (Family Law available), 5679 Hollister Ave, Goleta,
Phone: 805-967-1237

Thurs, 3pm, Westside Community Ctr, 423 W. Victoria St, SB
Phone: 805-897-2560

Public Defender, Santa Barbara Office, 1100 Anacapa St, SB
Phone: 805-568-3470

Rental Housing Mediation Task Force, 735 Anacapa St, SB
Phone: 805-564-5420

Restorative Policing, Officer Hove 805 331-6641

**Santa Barbara County Bar Association
Lawyer Referral Service**, 15 W. Carrillo St, 106, SB
Phone: 805-569-9400

DROP-IN CENTERS

Mental Wellness Center (with referral only),
617 Garden St, SB
Phone: 805-884-8440
Day: Mon-Fri Time: 9am-3pm

Noah's Anchorage Youth Drop-In Center (ages up to 21)
24 hour hotline (805) 963-8775
301 W Figueroa St, SB
Day: Mon-Fri Time: 9am-2pm

Santa Barbara Rescue Mission, 535 E Yanonali St, SB
Phone: 805-966-1316
Days: Tues & Thurs Time: 1-3pm

SHOWERS

Showers of Blessing

- **Monday - Isla Vista**, St. Michael's Church, 6586 Picasso Rd, 2:30pm - 5pm
- **Thursday - Goleta**, St. Athanasius Orthodox Church, 300 Sumida Gardens Lane, Goleta, 11am - 1pm
- **Thursday - Alameda Park**, 1400 Santa Barbara St, 3:30 - 6:30pm