Resource Guide for Santa Barbara County

This resource list is a starting guide, tailored specifically for our street friends. It is not meant to provide an exhaustive list to every resource available and the list is open to suggestions and revisions. Common Ground Santa Barbara does not endorse any particular service, residential, outpatient program or sober living facility. This list is provided for information only. You can also call the 211 Helpline – dial 211 from a phone for referrals to services throughout Santa Barbara County.

Immediate Goals

Emergency/Shelters

Countywide Freedom Warming Centers
Call the hotline for which shelters are activated
Hotline: 805-324-2372
warmingcenters@ussb.org

Note: It is illegal to sleep or camp outdoors or in your vehicle in Santa Barbara except in designated campsites or with permission on private property.

Bridge House Emergency Shelter, Lompoc
Emergency shelter. Referrals for financial, medical, and other services. 56 beds, emergency food managed by Good Samaritan Shelter 2025 Sweeney Road, Lompoc, 93436 Phone: 805-735-4390

City of Hope Shelter, Lompoc
Shelter in Lompoc. Please call at 6 pm for bed availability and to review program requirements. Hot meal, lunch, and continental breakfast for provided.
Phone: 805-736-9826

Domestic Violence Solutions, Countywide
Confidential emergency shelters for up to 45 days. Men, women & children
Survivors of domestic violence 24 hr hotline/phone:
- Lompoc: 805-736-0965
- Santa Barbara: 805-964-5245
- Santa Maria: 805-925-2160

Good Samaritan Emergency Shelter, SM
90 day facility providing shelter to men, women, and children.
Dinner and continental breakfast
After school tutoring for children
Showers and laundry room use
401 W Morrison Ave., SM, CA, 93458
Phone: 805-347-3338 ext. 101

New Beginnings Safe Parking Program, SB
Safe place to park your vehicle and sleep overnight legally. Must have current license, registration & insurance. Usually has a waitlist.
324 E Carrillo St, C, SB, 93101
Phone: 805-845-8492

Noah’s Anchorage Youth Crisis Shelter, SB
Temporary shelter for youths
Ages 10-17
Drop-In Center (ages up to 21)
301 W Figueroa St, SB
Day: Mon-Fri Time: 9am-2pm
Phone: 805-963-8775 (24 hr)

PATH Santa Barbara
Interim housing facility is dedicated to helping homeless individuals access the services they need to improve their health, increase their income, and transition to stable housing.
816 Cacique St, SB, 93103
Phone: 805-884-8481

Santa Barbara Rescue Mission
Overnight stay
Showers
Breakfast & Dinner
Chapel 7pm (optional)
Note: showers, dinner and breakfast available even if not staying overnight
Check In:
Women: Mon-Sat 4pm (showers open 3:30pm). Sun 3pm.
Men: Mon-Sat: 6:15pm. Sun: 5:15pm

535 E Yanonali St, SB, 93103
Phone: 805-966-1316

Transition House Family Shelter, SB
Emergency shelter and homelessness prevention for families.
Shelter admittance based on bed availability. Call M-F 9am-5pm.
425 E Cota St, SB, 93101
Phone: 805-966-9668

Food

In this section you will find a selection of countywide food options. The Foodbank and their partner programs can assist you with emergency food, meals, nutrition education and other services. Please use these Emergency Food Referral Lists for locations, dates, and times of distribution sites. The Foodbank is not a distribution site for individuals:
www.foodbanksbc.org/get-help
North County: 805-937-3422 ext. 0
South County: 805-967-5741 ext. 0

Breakfast

Pershing Park, SB
Sun 9am -100 Castillo St, SB, 93101

The Salvation Army Hospitality House
Sun-Sat 7-9am
Burritos served until out
423 Chapala St, SB, 93101
Phone: 805-962-6281 x 108

Santa Barbara Rescue Mission
Daily at 6am
535 E Yanonali St, SB, 93103
Phone: 805-966-1316

Lunch

CAC Senior Lunch Program, Lompoc
For seniors 60+
1120 W. Ocean Ave., Lompoc 93436
Phone: 805-310-1557

Feed Lompoc
Food on 1st and 3rd Thursdays 10am-noon
125 North C St, Lompoc
Phone: 805-735-7525

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Light and Life Goleta
Sun 12:15 pm
People’s Park, IV, CA 93117
E-mail: ligoleta@gmail.com

Mental Wellness Center, SB
Lunch Mon - Fri 12-12:30pm
Members only/mental health referral
signed by doctor needed
617 Garden St, SB, 93101
Phone: 805-884-8440

Salvation Army, Santa Maria
Prepared hot meal.
200 W. Cook Ave, Santa Maria
Phone: 805-349-2421
Mon-Thurs: 11:30am-12:30pm Fri: 10-11am.

Dinner
Alameda Park, SB
Thurs at 6pm
Doctors Without Walls- SB Street
Medicine provides free medical care.
Social services and referrals.
1400 Santa Barbara St, SB, 93101
Phone: 805-564-5418

Community Kitchen, Lompoc
Meals for homeless and disadvantaged
Tue: 403 N. J St, Lompoc
Thu: 220 W. Cypress Ave, Lompoc
Fri: 333 S. I St, Lompoc
Serving time 5pm

Mobile Food Bank, Lompoc
925 North F St, Lompoc
3-4pm, 3rd Monday

New Life Christian Church, Lompoc
816 North C St, Lompoc
805-736-9826
3rd Saturday of the month

Pershing Park, SB
Wed 5:30pm.
Doctors Without Walls provides free medical care.
Social services and referrals.
100 Castillo St, SB, 93101

Santa Barbara Rescue Mission
Mon-Sat at 6:15pm
Sun at 5:15 pm
Showers, dinner and breakfast available even if not staying overnight.
535 E Yanonali St, SB, 93103
Phone: 805-966-1316

St. Brigid Fellowship Isla Vista/Goleta
Dinner on Mon nights from 5-6pm at
St. Michaels Episcopal Church
4:30pm during winter months
Every other Mon Doctors Without Walls-SB Street Medicine provides
free medical care
6586 Picasso Road Isla Vista, 93117
Phone: 805-685-5400

Bulk Food/Groceries
Catholic Charities Bulk Food Distribution:
Mon of 4th week: 12-4:30pm
Tues through Fri of 4th week: 8:30am-4:30 pm
Catholic Charities offers other services for families and individuals
with addresses and identification.
609 E. Haley St, SB, 93103
Phone: 805-965-7045
325 N Second St. Lmp, 93436
Phone: 805 736-6226
609 W Main St, SM 93458
Phone: 805 922-2059
941 Walnut Ave. Carpenteria 93013
Phone: 805 684-8621

Catholic Charities in Isla Vista
Thurs 3:30 – 4:30 pm
6550 Picasso Rd., IV, 93117
Phone: 805-965-7045

Food Bank Mobile Food Pantry and Mobile Farmers Market
Provides produce/non-perishable goods
A map is available at
http://foodbanksbc.org/get-help/ lists
all of the emergency food programs
in south SB County as well as address,
hours of operation and contact info.

Food For Angels, Isla Vista
The 1st. and 3rd Mon of each month, 4-6pm.
Distribution at the parking lot of
SB Hillel in IV.
781 Embarcadero Del Mar, IV, 93117
Phone: 805-588-2681

Food Stamps (CalFresh in CA): If you are homeless you can get CalFresh
even if you do not have an address/place to cook meals.

Apply in person, mail, phone, or online
at www.mycalfresh.org
Need photo identification and a social security number. To find out if you
qualify call: 1-877-847-3663

Unity Shoppe, SB
Free Food Store
Once a year
Requires referral from approved agency & ID
1401 Chapala St, SB 93101
Phone: 805-965-4122

Special Food Events
Organizations do special food events
around the holidays. The Organic Soup Kitchen (OSK) holds
Thanksgiving and Christmas feasts at
the Veteran’s Memorial Building. OSK
events: www.organicsoupkitchen.org

Clothes
Catholic Charities, SB & Lompoc
Voucher every two months to shop in their thrift store*
609 East Haley St, SB, 93103
SB Phone: 805-965-7045
325 N Second St, Lompoc, CA
93436
LOM Phone: 805-736-6226

Fellowship Club, SB
Clothes (members only)
617 Garden St, SB, 93101
Phone: 805-884-8440

Rescue Mission - Central Coast -
Super Thrift Store
Household goods, clothes, toys, and appliances
306 N. Broadway
Santa Maria, 93454
Phone: 805-357-1214

Unity Shoppe
Household Goods, Baby Supplies,
School & Clothing Merchandise,
Books
1401 Chapala Street, SB, 93101
Phone: 805-965-4122

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12/1/17]
General Relief

Offers short-term assistance to adults without children who need assistance with meeting basic shelter and personal needs. Bring ID, SS#, and proof of income or disability. Apply at:

**SB Social Services**
234 Camino Del Remedio, SB, 93110
Phone: 805-681-4401

**SM Social Services**
2125 S. Centerpointe Pkwy, SM, 93455
805-346-7135

**Lompoc Social Services**
1100 W. Laurel Ave, Lompoc, 93436
805-737-7080

Laundry (Free)

Laundry Love Santa Barbara
Offers free wash and dry and laundry soap; 2 loads per person including sleeping bags & blankets, etc.
Info./volunteer worthstreetreach@gmail.com www.worthstreetreach.org

Loads of Love, SB
310 N. Milpas St, SB
Every 3rd Sun of the month 1-3pm
www.laundrylovesb@gmail.com

Morning Star Laundry at Lucky Laundry, SM
Tues 8am - Noon, Closed Holidays
809 N. Broadway, SM, CA 93454
www.crestwoodchristian.net

Women’s Free Homeless Clinic, SB
Sponsored by the Doctors Without Walls SB Street Medicine. Offers laundry service & clothes at Transition House- 2nd, 3rd, & 4th Fri of each Month.

Showers

Cabrillo Bathhouse, SB
Mon - Fri 8am-5pm.
Showers: $4/day; 10 visits $34; Unlimited month pass $52; senior discounts

1118 E Cabrillo Blvd, SB, 93103
Phone: 805-897-2680

PATH Santa Barbara
Must be PATH Resident
816 Cacique St, SB, 93103
Phone: 805-884-8481

Santa Barbara Rescue Mission
Mon - Sat 3:30pm Women; 6:15pm Men
Sun 2:30pm Women; 5:15pm Men
535 E Yanonali St, SB, 93103
Phone: 805-966-1316

Showers of Blessing, South County
*Isla Vista, Mondays
St. Michael’s University Church
6586 Picasso Road
Showers - 2:30pm - 5:00pm
Dinner by St. Brigid - 5:00pm

Goleta, Wednesdays
St. Athanasius Orthodox Church
300 Sumida Gardens Lane, Goleta
Showers - 11:00AM - 1:00PM
Lunch provided

Santa Barbara, Thursdays
Alameda Park: 1400 Santa Barbara St
Showers - 3:30PM - 6:30PM
6:30PM Dinner

Isla Vista, Fridays
St. Marks University Parish
6550 Picasso Road, Isla Vista
Showers - 11:00AM - 1:00PM
Lunch Provided

Showers of Blessing, Santa Maria
Mons 8am - Noon, including Holidays
109 W. Cook Street, SM 93454
Showers, Haircuts, Hospitality, Monthly basics distribution
www.showersofblessing.net

Women’s Free Homeless Clinic, SB
Sponsored by the Doctors Without Walls SB Street Medicine. Offers laundry showers, medical services, lunch & clothes at Transition House- 2nd, 3rd, & 4th Fri of each Month.

Short Term & Long Term Goals

Birth Certificates

California
In person: Hall of Records; 1100 Anacapa St, SB, 93101
Online, which is recommended: www.vitalchek.com/birth-certificates/california/santa-barbara-county-clerk-recorder
Must submit a Sworn Statement and notarized Certificate of Identity before the order will be processed, cost $30-$44.95

Out of State: Go to the birth State’s website. Most offer the use of VitalChek services, you can avoid the VitalChek fees by applying directly to the state’s Vital Records department (usually part of Department of Health & Human Services). If you have no picture ID, another person can vouch for your identity in some states.

Santa Barbara Fee Exempt Birth Certificate For A Homeless Individual
Santa Barbara County Clerk Recorder Phone: 805-568-2251

**SB County Recorder**
Hall of Records, SB County Courthouse
1100 Anacapa St, SB, 93101
SB Phone: 805-568-2250

**SM Gov Center**
511 E Lakeside Parkway #115, SM, 93455
SM Phone: 346-8370

**Lompoc County Clerk Recorder**
401 E Cypress, #102. Lompoc, 93436
Lompoc Phone: 805-737-7705

California Identification

Department of Motor Vehicles. If you have had a CA I.D. in the last few years you can get a new one with a thumbprint as proof of identification. If not, you will have to bring your birth certificate. 535 Castillo St, SB
Phone: 800-777-0133

Note: Some non-profits, including PATH, may provide a fee waiver.

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Legal & Advocacy

Tickets related to homelessness can be dismissed with the completion of 10 hours of volunteer service using a form. Restorative Court is available to street friends with tickets who are referred to the Court by specific City and County Departments. Street friends with tickets can contact a private attorney, non-profit, advocacy group or the Public Defender.

Amberger & Chamberlain, Disability Law
735 State St, Suite 512, SB, 93101
Phone: 805-618-1600

Bankruptcy Clinic
Clerk’s Office Bankruptcy Court
Free legal help weekly on Fri: 10am–12pm
1415 State St, SB, 93101
General information: 855-460-9641

California Rural Legal Assistance
Walk-in hours Mon-Thurs 1pm-5pm. Practice covers housing labor & employment, education and public benefits for eligible clients.
Santa Barbara Office
22 N Milpas St, Suite F, SB, CA 93103
SB Phone: 805-963-5981
Santa Maria Office
2050 G S. Broadway, SM, 93454
SM Phone: 805-922-4563

Committee For Social Justice
Peter Marin may help with tickets/fees related to individuals who live in their vehicle
805-682-4903

Families ACT!
Advocacy group for dually diagnosed people and their families.
Phone: 805-637-1339

Family Law Facilitator
Signup starting at 8am. Procedural direction in the following types of cases:
Department of Child Support Services
Child support cases
Dissolution (divorce), legal separation, nullity (annulment) and paternity cases:
-Child support issues
-Spousal support issues
-Child custody & visitation issues
(limited assistance available)
-Initiating or finalizing a case (limited assistance available)
1100 Anacapa St, SB, 93101
Phone: 805-882-4660

Legal Aid Foundation of SB County
Domestic Violence/SA TROs, Landlord Tenant Law
SB: 301 E. Canon Perdido St, SB,
93101
Phone: 805-963-6754
LOM: 604 E Ocean St. Ste. B, Lompoc 93436
Phone: 805-736-6582
SM: 301 S. Miller St. Ste. 121, SM
93454
Phone: 805-922-9909

Independent Living Resource Center
Consumer-based non-profit of, by and for persons with disabilities
SouthCounty Office
423 W. Victoria St, SB, 93101
SB Phone: 805-963-0595

NorthCounty Office
327 E. Plaza Drive, #3A
SM, CA 93454
SM Phone: 805-925-0015

Legal Resource Centers, Countywide
Help with legal forms including small claims actions, restraining orders and landlord-tenant law
SB County Superior Court, McMahon Law Library, 2nd Floor
1100 Anacapa St, SB, 93101
Phone: 805-568-3303
Mon-Wed, Fri: 9am-12pm, 1:30-4pm; Thurs: 9am-12pm 1:30-3:30pm
Lompoc: 115 Civic Center Plaza
Santa Maria: 312 E. Cook St.

Law Offices of Lisa C. Gilinger,
Disability Law
635 N. Alisos St, SB, 93103
Phone: 805-568-5370

National Alliance on Mental Illness - Southern Santa Barbara County (NAMI)
Free meetings and advocate services take place on the 4th Thurs of each month at 6 pm, 1st floor, Mental Wellness Center, 617 Garden St, SB.

Parole Operations
1555 W. 5th St, Oxnard, 93030
Phone: 805-382-8151

Project Outreach (SB & Goleta)
Volunteer lawyers provide “advice only” outreach at community centers, & offer pro bono representation in certain types of cases. Clients are seen on a “first-come, first served” basis, so arrive before 4pm to sign up. Doors close at promptly at 4pm. Please call the community center ahead of time to ensure an attorney will be present. The current hours of operation and locations are:
-Franklin Neighborhood Center
Tues, 4–6pm
1136 E. Montecito St, SB
Phone: 805-897-2582
*Goleta Valley Community Center
Wednesday, 4–6pm
5679 Hollister Ave, Goleta,
Phone: 805-967-1237
*Westside Community Center
Thurs, 4–6pm:
423 W. Victoria St, SB
Phone: 805-897-2560

Public Defender, Santa Barbara Office
1100 Anacapa St #3, SB, 93101
Phone: 805-568-3470

Rental Housing Mediation Task Force
630 Garden St, SB, 93101
Phone: 805-564-5420

Restorative Policing, SB
Officer Hove 805-331-6641

Santa Barbara County Probation Department
*Santa Barbara
117 E. Carrillo St, SB, 93101
Phone: 805-882-3753
*Santa Maria
2121 Centerpointe Pkwy # 1, SM,
93455
Phone: 805-739-8500

Santa Barbara County Bar Association Lawyer Referral Service
15 W. Carrillo St, 106, SB, 93101
Phone: 805-569-9400

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Medical Care, Dental Care, Detox, Eyeglasses & Prescriptions (No or Low Cost)

American Indian Health and Services
Serves people of all ethnicities. Behavioral health counseling, community health, family practice, internal medicine, pediatrics, podiatry, substance abuse counseling
Clinical: Mon-Fri 8am-6pm
4141 State St. A-3, SB, 93110
Phone: 805-681-7144

Another Road Detox Center
Support and guidance for those going through withdrawals in a residential environment.
604 West Ocean Ave, Lompoc, 93436
Phone: 805-736-0357

Community Health Centers
• Lompoc Clinic- 425 W Central Ave, Ste 201. (805) 737-1169
• Dental services- (805) 735-2846
• Santa Maria Mobile Health Unit
Immediate care & health screenings Salvation Army (200 W Cook St, SM, 93458) Mon 11am-1:30 pm 200 W Williams St, SM, 93458, Wed 8:30am-1:30 pm (805) 451-3898 communityhealthcenters.org

Denti-Cal Providers SBC 1-800-322-6384

Doctors Without Walls- SB Street Medicine
Free, volunteer medical care to the most vulnerable in SB County. 4 clinics serve the diverse medical needs of SB. Year round, rain or shine. Clinics:
• Isla Vista Clinic (6586 Picasso Road Isla Vista, CA 93117)-Every other Mon 5pm
• Pershing Park and Mobile Clinics-Every Wed 5:30pm.
• Alameda Park Clinic- Every Thurs 6pm.
• Women’s Free Homeless Clinic at Transition House (434 E Ortega St) 2nd, 3rd and 4th Fri of each Month from 9:30am-2pm. Free medical care, showers, laundry, clothing & lunch. Free roundtrip transportation from Transit Station, SB Library & Casa Esperanza.

Eastside Neighborhood Clinic
Clinical: Mon-Fri 8:45am-6pm, Sat 8:45am-12pm
915 N. Milpas St, SB, 93103
Phone: 805-963-1641

Eastside Family Dental Clinic, SB
Education, prevention, comprehensive & emergency treatments for oral health.
Clinical: M-F 7:45 am to 6:30 pm
923 N. Milpas St, SB 93103
Phone: 805-884-1998

Emergency Rooms
For emergencies only 911 for medical crisis, or behavior that is a danger to self or others

Lompoc Valley Medical
1515 E Ocean Ave, Lompoc,
Phone: 805-737-3300

Marian Regional Medical Center, SM
1400 E Church St, Santa Maria,
93454
Phone: 805-739-3000

SB Cottage Hospital Emergency Rm
400 W. Pueblo St, SB, 93101
Phone: 805-682-7111

Franklin Health Care Center, SB
Appointments for infants, children, adults, seniors and women's health services
Clinical: Mon-Fri 8am-5pm
1136 E. Montecito St., SB, 93103
Phone: 805-568-2099

Franklin Health Care Center @ PATH, SB
Primary care, family planning, STD, CHDP, immunizations
Mon, Wed, Fri: 8am-12pm

Goleta Neighborhood Clinic
5580 Calle Real, Goleta 93111
805-617-7878

Isla Vista Neighborhood Clinic
970 Embarcadero del Mar, Goleta 93117
805-968-1511

Lompoc Valley Compressive Care Center
216 N 3 St.

805-736-3466

PATH Santa Barbara
*Check in 9am.
816 Cacique St, SB, 93103
Phone: 805-884-8481

Planned Parenthood
Emergency contraception, Pregnancy testing, Sexually Transmitted Infection testing, Urinary tract infection testing & treatment, Birth control pickup (for patients with active prescriptions on file with this health center)
518 Garden St, SB, 93101
Phone: 888-898-3806 for walk in hours

Franklin Health Care Center @ Rescue Mission
Primary care and family planning, STD, CHDP, immunizations
Clinical: Tue & Thu 8am-12pm
Nurse: Tue 8am-12pm, 2-4pm; Thu 2-4pm
535 E. Yanonali St, SB, 93103

Medical Detox Cottage Hospital (with insurance)Phone: 805-569-7253 (Intake)

Project Recovery Detox Program
Safe, alcohol-and drug-free environment for alcoholics and addicts who have the desire to become clean and sober. 14-day, social model residential detox. Proof of TB Test and a medical clearance form are required.
Phone: 805-963-1836

Sansum Clinic Urgent Care, SB
1225 North H St., Lompoc
Phone: 805-737-8786

Santa Barbara Cottage Hospital, 408-bed acute-care teaching hospital Pueblo at Bath St, SB.
Phone: 805-682-7111

Santa Barbara County Public Health
Carp: 931 Walnut Avenue,
Carpinteria, 93013
Phone: 805-560-1050
Lom: 301 North R Street, Lompoc, 93436
Phone: 805-737-6400
SB: 345 Camino Del Remedio, SB, 93110
805-736-3466

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Healthcare for the Homeless Program
Depending on income, you may qualify for reduced or no fee services. Patients will not be refused service based on ability to pay. Visit the Health Care for the Homeless website at www.sbcphd.org/hch for details including Health Center locations, services and free transportation from downtown shelters.

HICAP
Health insurance counseling for seniors
1-800-434-0222

Medi-Cal
CA’s Medicaid health care program.
Pays for a variety of medical services for children and adults with limited income and resources.
Applying regardless of sex, race, religion, color, national origin, sexual orientation, marital status, age, disability, or veteran status.
If you are found (or determined) eligible, you can get Medi-Cal as long as you continue to meet the eligibility requirements.
Apply at: Department of Social Services. See Lompoc, SB & SM listings in this Resource Guide.
Applying at: PATH Walk-in Health Clinic- M-F: 8:30-11 816 Cacique St, SB, 93103
Phone: 805-884-8481
Apply at: Rescue Mission Walk-in Health Clinic- Tues, Thurs 8:30-11
535 E Yanonali St, SB, 93103
Phone: 805-966-1316

Benefits & Referral Center
Mon-Fri 8 am- 5pm
For information about eligibility and how to apply visit: www.sbcphd.org
Phone: 805-681-5390

Eye Glasses
Referrals made by SB County Public Health Nurses
SB Vision Care Program
Free, comprehensive eye examination to those who have no other means of obtaining one. If glasses are needed, a certificate for free eye glasses is provided (courtesy of the SB Eyeglass Factory). Must reside in Goleta, SB, Summerland or Carpinteria, be classified as low income, and not have medical or vision insurance, or qualify for any federal or state funded insurance programs (Medicare, Medi-Cal, Healthy Families etc).
Phone: 805-963-3303, seeintl@seeintl.org

TB Test
Note: The test needs to be read 48 to 72 hours later by someone trained in reading skin tests.

PATH, Santa Barbara
Nurse: Mon 9-3; Tues 8-3; Wed 9-2; Thurs 1-4:30; Fri 9-2; Sat 9-12
816 Cacique St, SB, 93103
Phone: 805-884-8481

Franklin Health Care Center @ Rescue Mission
Tue 8:30-10:30.
535 E Yanonali St, SB, 93103
Phone: 805-966-1316

SB Neighborhood Health Clinics
Call for appointment or walk in & wait.

Eastside Neighborhood Clinic
Mon-Fri: 8:45 am-6pm, 8:45am-12pm
915 N. Milpas St, SB, 93103
Phone: 805-963-1641

Isla Vista Clinic
Mon: 8am–6pm;
Tues / Wed / Thurs: 8am – 7pm;
Fri: 8am–6pm; Sat: 8:30am -12pm
970 Embarcadero Del Mar
Isla Vista, CA 93117
Phone: 805-968-1511

Westside Neighborhood Clinic
Clinic Hours: Mon-Tues 9am-6pm, Wed-Fri 9am-7pm, Sat 9am-12pm
628 W. Micheltorena St, SB, 93101
Phone: 805-963-1546

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Mental Health Counseling

Emergency Psychiatric/Crisis Assessment for Hospitalization.
Phone: 805-569-8339

Behavioral Wellness
The Department is responsible for ensuring the provision of mental health services mandated by the State of California for children with serious emotional disturbance, adults with serious mental illness and all Medi-Cal beneficiaries with specialty mental health needs.
4444 Calle Real, SB, 93101
Phone: 888-868-1649

Behavioral Wellness (Formerly ADMHS) C.A.R.E.S. Clinic
Offers assessment/treatment for people with severe, persistent mental illness. CARES is part of the SB County Department of Alcohol, Drug and Mental Health Services. Call to schedule an assessment to see if you are eligible for services or see a CARES representative at Casa Esperanza for info. and referrals.
24 Hr Toll-Free Access 1-888-868-1649

C.A.R.E.S Outreach
Crisis and recovery emergency services. Call for help with assessment and psychiatric
C.A.R.E.S at PATH
8 am-12pm Mon, Tue, Th & Fri. Wed 1-4pm
816 Cacique St, SB, 93103
Phone: 805-319-1767

Community Counseling & Education Center
923 Olive St, Suite 1, SB, 93101
Phone: 805-962-3363
www.ccecsb.org

Domestic Violence Solutions
Survivors of domestic violence/anger management
24-Hour Crisis Line:
• Lompoc: 805-736-0965
• Santa Barbara: 805-964-5245
• Santa Maria: 805-925-2160
Phone: 805-963-4458

Hospice of SB (Grief Counseling)
Phone: 805-563-8820

Jewish Family Services - Federation
A wide range of professional counseling and support services, without regard to religion, race, ethnicity, or disability.
524 Chapala St, SB, 93101
Phone: 805-957-1116

Mental Wellness Center (formerly Mental Health Association)
Non-profit organization providing recovery, education, and family services to adults and families affected by mental illness.
617 Garden St, SB, 93101
Phone 805-884-8440

New Beginnings Counseling Center
Various counseling options including Women’s Group Tues 4-5pm.
324 East Carrillo St, Suite C, SB
Phone: 805-963-7777
www.sbnbcc.org

Pacific Pride Foundation
Provides services to the HIV/AIDS and Lesbian, Gay, Bisexual and Transgender communities of SB County
126 E. Haley St., A-11, SB, 93101
Phone: 805-963-3636
• Rapid 20 Minute HIV and Hepatitis C Testing
Hours: Tuesday: 11am-2pm, Wednesday 3-7pm, Thursday 2-5pm

PathPoint , Countywide
Offers two programs for mental health support:
• Paths to Recovery
• Residential Support Services
See Page 3 for more information on programs and for contact information.

South SB County
902 Laguna Street
Santa Barbara, CA 93101
SB Phone: 805.961.9200

North SB County
2450 Professional Parkway
Santa Maria, CA 93455
SM Phone: 805.934.3537

Rape Crisis Centers , Countywide
Survivors of sexual assault:
• 511 E Ocean Ave, Lompoc, 93436

24-Hour Crisis Line: 805-736-7273
Phone: 805-736-8535
• 433 E. Canon Perdido, SB, 93101
24-Hour Crisis Line: 805-564-3696
Phone: 805-963-6832
• 301 S Miller #103, SM, 93454
24-Hour Crisis Line: 805-928-3554
Phone: 805-922-2994

Transitions Mental Health Association (RLC) Non-profit organization offering a Recovery Learning Center. The drop in center offers meals, peer run mental health services.

Lompoc
513 North G St, Lompoc,
Phone: 805-819-0460 ext 153 or 152

Santa Maria
225 Inger Dr #101A, SM, 93456
Phone: 805-928-0139

Victim Witness (Victims of crimes)
1112 SB St, SB, 93101
Phone: 805-568-2400, 805-568-2453
Lompoc: 805-737-7910
Santa Maria: 805-346-7529

Pregnant

St. Vincent’s
Provides transitional housing and services for single mothers with income at or below poverty level.
4200 Calle Real, SB, 93110
Phone: 805-683-6381

Recovery Way Home, Lompoc
Residential services for 6 mos for prenatal women & their children ages 0-5.
604 W Ocean Ave, Lompoc, 93436
Phone: 805-736-0357

Transitional Center for Women & Children, SM
Residential services for 6 mos for perinatal women & their children ages 0-5.
412 E Tunnell St, SM, 93454
Phone: 805-925-0315

Villa Majella, Goleta
Maternity Home and Outreach Program
604 N. Kellogg Ave., SB 93111
Phone: 805-964-1650

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van service to transport people experiencing homelessness to and from county medical and social services. Van runs on the following weekdays: Monday through Fri from 8:30-11:45am.

**Regular Schedule, SB**

First Run
8:30am – pick-up Salvation Army
8:35am – pick-up Faulding Hotel
8:40am – pick-up Rescue Mission
8:45am – pick-up Casa Esperanza
All riders dropped off approximately 9am at SB Heath Care Center

Second Run
9:25am – pick-up Salvation Army
9:30am - pick-up Faulding Hotel
9:35am - pick-up Rescue Mission
9:40am - pick-up Casa Esperanza
All riders dropped off approximately 10am at SB Heath Care Center

Third Run
10:25am – pick-up Salvation Army
10:30am - pick-up Faulding Hotel
10:35am - pick-up Rescue Mission
10:40am - pick-up Casa Esperanza
All riders dropped off approximately 11am at SB Heath Care Center

Note: 11am is the last pick-up at the SB Health Care Center to do a drop off at Casa Esperanza, Faulding Hotel, Salvation Army, or the Rescue Mission.

**Greyhound**

**Greyhound Santa Barbara**
224 Chapala Street (entrance through Amtrak parking lot).
Phone: 805-965-7551

**Greyhound Santa Maria**
755 W Cypress St, Santa Maria, CA 93458
Phone: 805-925-8841

**Santa Barbara Metropolitan Transit District**
10-ride and monthly bus passes, and discount passes for youth, seniors, Mobility Passes for disabled persons and Medicare card holders. If you have a Mobility pass, a one-way bus ride is 85 cents instead of $1.75; and a month’s unlimited pass is $20.00. Identification and proof of disability are required. www.sbmtd.gov/fares-and-passes/index.html

**Santa Maria Area Transit**
Daily and monthly bus passes
Discounted passes for students, seniors, disabled persons, and Medicare card holders.
Phone: 805-928-5624

**Bus Rides Home or Elsewhere**

**PATH/Restorative Policing**
Have assisted people to return home or go to another place under certain conditions
Casa: 816 Cacique St, SB, 93103
Phone: 805-884-8481

**Outpatient Services**

**Alpha Resource Center**
A broad spectrum of day services for adults, 22 years of age and older, with developmental disabilities.
4501 Cathedral Oaks Rd, SB, 93110
Phone: 805-683-2145

**CADA, SB**
Preventing and treating alcoholism and drug abuse. Programs include: Project Recovery, Perinatal Program and Project Recovery Detox.
Assessment, crisis counseling and referral services.
232 E. Canon Perdido St., SB, 93101
Phone: 805-963-1433

**Central Coast Headway, Lompoc**
115 E. College Ave. #16 Lompoc, 93436
805-737-0015

**Coast Valley Substance Abuse Treatment Center**
Provides substance abuse and co-occurring treatment. Adult and adolescent services including group counseling, individual counseling, family counseling, peer support groups, drug testing.
* Santa Maria: 1414 S Miller St, Ste. 11
Phone: 805-739-1512

* Lompoc: 133 North F St
Phone: 805-735-7525

**Mental Wellness Center, SB**
Variety of classes/group discussions on mental illness (members only)
617 Garden St, SB 93101
Phone: 805-884-1010

**PathPoint, Countywide**
Offers two programs for mental health support:
* Paths to Recovery
* Residential Support Services

**South SB County**
902 Laguna Street
Santa Barbara, CA 93101
SB Phone: 805.961.9200

**North SB County**
2450 Professional Parkway
Santa Maria, CA 93455
SM Phone: 805.934.3537

**Project PREMIE, SM**
Provides drug &alcohol outpatient treatment services for perinatal women & their children. Mon-Fri 8:30am-4:30pm 412 E Tunnell St, SM, 93454 Phone: 805-925-0315

**Phoenix House, SB**
Outpatient and residential treatment program; dual diagnosis. M-F 8:30am-5:30pm. Behavioral Wellness referral for residential treatment
107 E. Michaelorena St., SB, 93101 Phone: 805.965-3434

**Project Recovery, SB**
Outpatient program, group & individual counseling, perinatal, day/evening treatment, support groups. Sliding scale, MediCal and cash accepted.
133 E. Haley St., SB, 93101 Phone: 805-564-6057

**Recovery Point, SM**
Drug & alcohol outpatient treatment services. Mon-Fri 8:30 am-7:30 pm 245 Inger Dr #103 B, SM, 93454 Phone: 805-346-8185

**Rescue Mission Santa Barbara**
Group and Individual Counseling
Urinary Testing before every group
Tues., Thurs 5:00 -6:15pm
-Contact Alana Chessmar
Phone: 805-966-1316 Ext.600

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Turning Point, Lompoc
Drug & alcohol treatment services for perinatal women and their children.
-Mon-Fri 8:30 am-4:30 pm
604 W Ocean Ave, Lompoc, 93436
Phone: 805-736-0357

Sanctuary Psychiatric Center, SB
222 W. Valerio St., SB, 93101
Phone: 805-569-2785

Jodi House, SB
Supportive services, info, and programs in a nurturing environment to help brain injury survivors and their families recover and reconnect to their community.
Phone: 805-563-2882
625 Chapala St., SB, 93101

Zona Seca, SB
Counseling, intervention & prevention services. Frequently referrals come from the court system.
26 W. Figueroa St., SB, 93101
Phone: 805-963-8961

Residential Treatment
Bethel House for Women, SB
One-year residential program for women. 60-day restriction upon entry. Christian 12 step. 24 women, No Charge, Bilingual, No work for 9 months.
Apply online, must provide contact info. Return application to Bethel House or Rescue Mission.
24 W. Arrellaga St., SB, 93101
Phone: 805-966-1316 x 800

Casa Serena for Women, SB
Res. Treat - Women. Scholarships available. Main house $2400/month-90 days. Oliver House $1650/month-1 year (mothers and children)
Grad House $900/month-9 months
1515 Bath St., SB, 93101
Phone: 805-966-1260

Central Coast Rescue Mission
1207 N. McClelland St. SM, CA
93454
Phone: 805-614-0220

Cottage Residential Center
Dept. setting, third party payment. Live-in program with ongoing aftercare for men and women. Detox (offered through the hospital), Medical care, Outpatient programs:
SB-38/PC1000
$554/day Private pay $487.50
28 day program costs $13,652
316 W. Montecito St., SB, 93101
Phone: 805-569-7422

Rescue Mission --Men’s Recovery Program
12-month, faith-centered, 12-step social model program.
535 E. Yanonali St, SB, 93103
Phone: 805-966-1316

Recovery -12 Step
Alano Club, SB
235 E. Cota St, SB, 93101
Phone: 805-962-5013

Alcoholics Anonymous, Countywide
14 W Anapamu St., SB, 93101
SB Phone: 805-962-3332
SM Phone: 805-925-3782
LOM Phone: 805-737-3969

Narcotics Anonymous 24-hr. Help Line
Phone: 805-569-1288

Sober Living
All Star Recovery, SB
16 male beds; $175/week, $700/Month
5018 Calle Real Rd., SB, 93111
Phone: 805-698-4889

Cornerstone, SB
Rent $606/month; $150 Deposit; $150/week
535 E. Yanonali Street, SB, 93101
Phone: 805-966-1316 Ext. 600

Giving Tree, SB
Sober living home for women. Daily 12 step meetings required. $700/month, $150 deposit
327 E. Victoria St. Apt. C, SB, 93101
Phone: 805-455-4568

Guycdance House, SB
Sober living home for men; residents are required to attend at least 3 12-step meetings/wk. 12 step sponsor required. $600/month, $175 + deposit
1818 Bath St, SB, 93101
Phone: 805-896-6865

New House II and III, SB
Sober living home for men. 12 step meeting & sponsor required. No minimum stay. $210 per week (includes 3 meals a day)
2434 Bath St, SB, 93105
Phone: 805-563-6050
www.sbnnewhouse.org

Project PREMIE
Provides drug & alcohol outpatient treatment services for perinatal women & their children.
Mon-Fri 8:30 am-4:30 pm
412 E Tunnell St, SM, 93454
Phone: 805-925-0315

Stalwart Clean and Sober
Dual Diagnosis residential facilities for men and women
$170/Week or $680/month
Phone: 805-722-2913

Villa Majella, Goleta
Program for pregnant women; 7 beds; classes in parenting, pregnancy, recovery; counseling services in parenting, pregnancy, recovery; counseling
Clean and sober 30 days prior to entry into house.
Call for appointment and interview.
Fee: $250/month, $50 due at admission
604 N. Kellogg Ave, SB, 93111
Phone: 805-964-1560

Housing

Transitional Housing
Transitional Housing is a step between the streets and permanent housing. This list is not exhaustive but will give you an idea of the type of options.
PATH SB (formerly Casa Esperanza)
816 Cacique St, SB, 93103
Phone: 805-884-8481

Domestic Violence Solutions, Countywide
For men, women and children who are survivors of domestic violence.
• Lompoc: 805-736-0965

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Good Samaritan Family Transitional Shelter, SM
Two-year program, fee is 30% of monthly income. Must have stable income and desire to work towards independence in a group setting.
401 W Morrison Ave, SM, 93458
Phone: 347-3338 ext. 107

Marks House Family Transitional Shelter, Lompoc
Families work with a case manager to develop money management, parenting, and budgeting skills. 19 bed family transitional shelter.
203 North N Street, Lompoc, 93436
Phone: 805-735-9980

Recovery Way Home, Lompoc
Provides residential services for 6 months for perinatal women & their children ages 0-5 years old
604 W Ocean Ave, Lompoc, 93436
Phone: 805-736-0357

The Salvation Army Hospitality House, SB
Long Term (up to 2-years), Sober, Transitional Living Program designed to assist single, homeless men and women. Program’s overall objective is for resident to become self-sufficient, obtain/maintain secure income/employment and safe housing. Public Resources.
423 Chapala St, SB, 93101
Phone: 805-962-6281 ext 123

Sarah House, SB
End-of-life care for low income individuals regardless of their ability to pay. Houses patients with AIDS
2612 Modoc Rd. SB, 93105
Phone: 805-563-9990

St. Vincent’s Family Strengthening Program
Women and children with a limited income
4200 Calle Real, SB, 93110
Phone: 805-683-6381

Transitional Center for Women & Children
Provides residential services for 6 months for perinatal women & their children ages 0-5 years old.
412 E Tunnell St, SM, 93454
Phone: 805-925-0315

Transition House, SB
Temporary housing for families while they save money for permanent housing.
425 E. Cota St, SB, 93101
Phone: 805-966-9668

WillBridge (Dual Diagnosis)
Transitional Housing $775/month
904 W. Mission St, SB 93101
Phone: 805-448-5547

Permanent Housing
The first step to permanent housing is to complete applications with the following agencies:

Hotel de Riviera, SB
Permanent Housing for dually diagnosed people (30 Single resident occupancy units for homeless individuals suffering from mental illness combined with alcohol and/or drug problems). 30% of income.
125 W. Carrillo St., SB, 93101
Phone: 805-963-6443

SB County Housing Authority, Countywide
Applications must be made online unless you apply for a disability accommodation.
Goleta Housing Office
5575 Armitos Ave, Goleta, 93117
Phone 805-967-3402

Lompoc Housing Office
817 West Ocean Avenue
Lompoc, 93436
Phone (805) 735-8351
Santa Maria Housing Office
200 West Williams SM, 93454
Phone (805) 925-4393
www.hasbarco.org

SB City Housing Authority
Note: Be sure to ask for all applications for people who are experiencing homelessness
808 Laguna St, SB, 93101
Phone: 805-965-1071, www.hacsb.org

Peoples’ Self Help Housing, Countywide
Santa Barbara Office (Victoria)
Provides affordable housing and programs leading to self-sufficiency for individuals, low-income families, seniors and other special needs groups on California’s Central Coast.
Santa Barbara Office
26 E. Victoria Street, SB, 93101
Phone: 805-962-5152
San Luis Obispo Office
3533 Empleo Street, SLO 93401
Phone: 805-781-3088
www.pshhc.org

SB Community Housing Corporation, Countywide
Affordable housing properties including the New Faulding.
11 E. Haley St, SB, 93101
Phone: 805-963-9644
www.chcsb.com

WillBridge (Dual Diagnosis), SB
Permanent Housing, 6 Co-Ed units, 30% of income towards rent (18 E. Sola, SB, 93101)
Permanent Housing, 8 Co-Ed units, must be employed, 30% of income towards rent (2904 State St # A, SB, 93105)
Phone: 805-448-5547

Note: Many applications are available online and can be printed out.

The second step, or a concurrent one, is to apply for a Section 8 housing voucher. The Section 8 Housing Choice Voucher Program allows low-income households (voucher holders) to pay approximately one-third of their income in rent and utilities to participating housing providers. The remainder of the rent is paid through federal subsidies to the housing providers by HACSB. The waiting list is long but priority may be given to: Chronically homeless individuals, Veterans, Seniors, or Vulnerable or disabled individuals.

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Veteran Services

"While the number of Veterans experiencing homelessness has been declining over the past three years, 67,000 former service men and women were homeless on a given night in 2011 as estimated by the VA. In general, Veterans have high rates of Post-Traumatic Stress Disorder, traumatic brain injury, and sexual trauma, which can lead to higher risk for homelessness. About half of homeless Veterans have serious mental illness and 70 percent have substance abuse problems. Veterans are more likely to live outdoors — unsheltered — and experience long-term, chronic homelessness."

National Call Center For Homeless Veterans
If you need housing assistance, call the National Call Center for Homeless Veterans at 1-877-4AID-VET (1-877-424-3838). When you call: You will be connected to a trained VA responder. The responder will ask a few questions to assess your needs. If you’re a Veteran, you may be connected with the Homeless Program point of contact at the nearest VA facility. Contact info will be requested so staff may follow up.

CA Department of Veterans’ Affairs
To find out about housing assistance programs available in your area or for a statewide directory of CA homeless service organizations Phone: 1-800-952-5626, 1-800-324-5966.

CAL-VET Home Loans
800-952-5626
www.calvet.ca.gov/homeloans

CAL-VET – Women Veterans
womensveterans@calvet.ca.gov
916-653-2327

Disabled American Veterans (37)
Serving the Veterans of Santa Barbara Ellery Price, Commander/serv officer 112 W. Cabrillo Blvd., SB
Phone: 805-965-7109

Employer Support of the Guard and Reserve
1-800-336-4590

HVRP: PATH Santa Barbara
Helps Veterans Find Meaningful Employment.
Phone: 805-570-1451

Independent Living Resource Center
Work with disabled veterans. Call for more information.
Phone: 805-963-0595

New Beginnings Supportive Service for Veteran Families (SSVF)
Serving veterans and families of veterans in Santa Barbara.
324 East Carrillo St, Suite C, SB
Phone: (805) 963-7777 ext. 107.
www.sbnbcc.org

Supportive Services for Veteran Families
Funding for homeless prevention & rapid rehousing.
Phone: 805-962-6281 ext. 115

SB VA Community-Based Outpatient Clinic
Health care, mental health care
Mon– Fri 8am – 4:30 pm.
4440 Calle Real, SB, 93110
Phone: 805-683-1491

Santa Maria VA Community-Based Outpatient Clinic
Health care, mental health care
1550 E Main St, Santa Maria,
93454
Phone: 805-354-6000

SB County Veterans Service Office
Help with all types of paperwork and referrals. Call first for appointment. VA Service Representative.
315 Camino Del Remedio, SB, 93110
Phone: 805-681-4500

SSVF: Supportive Services For Veteran Families Program. See New Beginnings and Salvation Army

The Salvation Army Hospitality House
VA funded Grant Per Diem transitional housing beds and SSVF.
Phone: 805-962-6281 ext 123

VASH Program
The HUD-Veterans Affairs Supportive Housing (HUD-VASH) program combines Housing Choice Voucher (HCV) rental assistance for homeless Veterans with case management and clinical services provided by the Department of Veterans Affairs (VA). VA provides these services for participating Veterans at VA medical centers (VAMCs) and community-based outreach clinics.
805-681-4500

Veterans Administration Greater Los Angeles Healthcare System:
The largest, most complex healthcare system within the Department of Veterans Affairs. It is one component of the VA Desert Pacific Healthcare Network offering services to veterans residing in Southern CA (including SB) and Southern Nevada.
Phone: 310-478-3711
11301 Wilshire Blvd, LA, 90073
www.losangeles.va.gov

Veterans Reps, SB County
The Veterans Services Program provides assistance to the community of Veterans in applying for, obtaining, and maintaining all available benefits and entitlements to which they may be eligible.

*SM Vet Rep: 511 E. Lakeside Parkway Rm. 126, Santa Maria, 93455
Phone: 805-346-7160

*SB Vet Rep: 315 Camino Del Remedio, Bldg. 2, Rm 251
Santa Barbara, 93110
Phone: 805-681-4500

*Lompoc Vet Rep: 108 E. Locust Ave
Lompoc, 93436
Phone: 805-737-7900

The Workforce Resource Center
Financial coaching
1410 S. Broadway, SM 93454
Kay Wade: 805-614-6781

Social Security
US. Social Security Admin. Office
Santa Barbara

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Call the local SS Office to see if you are eligible to receive SS disability benefits if you are disabled, and to see about receiving your social security if you are 65 or older; in some cases you can receive early retirement benefits at age 62.

SS Income: SSI makes monthly payments to people who have low income and few resources and are: Age 65 or older; Blind; or Disabled. Note: You can apply in person at the local office, online, or by a telephone appointment; If you are a patient of the CARES clinic, they may assist you.

Eventually you will need proof of your identity, but you can start your application before you have the documents listed here: The ID must be current (not expired) and show your name, identifying information (date of birth or age) and preferably a recent photograph. For example, as proof of identity Social Security must see: U.S. driver's license; State-issued no driver ID card; or U.S. passport.

If you do not have one of these specific documents or you cannot get a replacement for one of them within 10 days, we will ask to see other documents, including: Employee ID card; School ID card; Health insurance card (not Medicare card); or U.S. military ID card.

Tips:
- Get to know the person you are assisting so you can help communicate their experiences to the decision makers.
- Help street friend keep all required appointments.
- Turn all paperwork in on time.

- Continue seeing public health/mental health professionals.

What To Do If You Are Denied:
If denied SSI/SSDI you should immediately contact a lawyer specializing in disability law to assist with the appeals process. If you do not appeal within the period of time you are given you will need to re-apply. If you have previously been denied but there has been a change in your physical or mental health conditions you may apply again.

Amberger & Chamberlain, Disability Law
735 State St, # 512, SB, 93101
Phone: 805-618-1600

Law Offices of Lisa C. Gilinger, Disability Law
635 N. Alisos Street, SB, 93103
Phone: 805-568-5370

SB Co. Bar Association Lawyer Referral Service
Assists people in SB County who have legal problems and seek the advice of qualified attorneys.
15 W. Carrillo St, # 106, SB, 93101
Phone: 805-569-9400

Independent Living Resource Center
Benefits specialist Carol Baizer
Mon-Fri: 9am-12pm & 1-5pm
423 W. Victoria St, SB, 93101
SB Phone: 805-963-0595
SM Phone: 805-925-0015

Payee -- Social Security's Representative Payment Program
Financial management for Social Security and SSI payments of beneficiaries who are incapable of managing their payments. Generally, family or friends serve in this capacity. When not possible, Social Security looks for qualified organizations to be a payee.
Phone: 866-695-6285

ProPay, Countywide
For Clients of Behavioral Wellness.

Public Guardian, Countywide
Referrals for conservatorship
105 E. Anapamu St, SB, 93101
Phone: 805-568-2790

The Bill Payers
Phone: 805-985-3903

Children

Children's Welfare Services, Countywide (CWS) helps protect children and preserve families, by:
Assessing and investigating allegations of child abuse or neglect. Offering voluntary or court-ordered services to families to ensure child safety in the home and strengthen the family.
Arranging placements and services for children for whom a safe return home is not possible.

To report child abuse or neglect: Call Child Welfare Services toll-free: (800) 367-0166.

Mandated Reporters: follow up with form SS 8572.
If anyone is in immediate danger of harm, call 911.

Day Care/After School for Children

Girls Inc of Greater Santa Barbara
Girls 4 ½ to 18. Each day after school, girls at their licensed childcare centers enjoy quality, structured, educational and research-based enrichment programs designed to instill the specific knowledge, skills, and attitudes girls need to thrive. Summer Camp programs also available.
Goleta Valley Center
4973 Hollister Ave, Goleta, 93111
Phone: 805-967-0319
Santa Barbara Center
531 East Ortega Street, SB
Phone: 805-963-4757

Storyteller
Tuition-free early childhood education for homeless & at-risk children in SB County. Comprehensive support services for their families.
2115 State St (Admin office) SB, 93105
Phone: 805-682-9585
include physical and/or sexual abuse. One quarter of former foster youth experience homelessness within four years of exiting foster care. Research shows a high prevalence of depression, suicide initiations, and other mental health disorders among youth who are homeless. Chronic physical health conditions are common as are high rates of substance abuse disorders. Many youth who become homeless have histories of academic difficulties including suspension and expulsion.”

Youth and Family Services YMCA.
Three programs:
1. Noah’s AnchorAge Youth Crisis Shelter
Temporary shelter for youths ages 10-17. Outreach to youths/young adults
301 W. Figueroa St, SB, 93101
Phone: 805-963-8775
2. Support and Outreach Services
Street Outreach and case management team for youth up to age 24
Drop in center for 21 and under, youth ages 22-24 must call to schedule an appointment off-site
301 W. Figueroa St, SB, 93101
Phone: 805-963-8775
3. My Home
Transitional living program for former foster youth, ages 18-21
422 E. Cota Street Suite 101A, SB, 93101
Phone: 805-560-8250

SAFTY
Safe Alternatives for Treatment of Youth (SAFTY) is a 24-hour 7-days-a-week crisis service that specializes in providing immediate response and support for individuals age 21 and younger. Operated by Casa Pacifica.
Phone: 1-888-334-2777

Vehicle: A Place to Sleep
Note: It may be illegal to sleep in certain types of vehicles on public streets in SB Co.

New Beginnings Safe Parking Program
A safe place to park your vehicle and sleep overnight legally

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- Abuse of Adults...4
- Adult Mental Health Services...
- Adult Protective Services...4
- Adult Education...4
- Advocacy...5
- Alameda Park...2
- Alano Club...11
- Alcoholics Anonymous...11
- Allan Hancock College...4
- All Star Recovery...11
- Alpha Resource Center...10
- Amberger & Chamberlain...5, 14
- American Indian Health Services...6
- Animal...15
- Another Road Detox...6
- Assistance Dog Special Allowance Program...15
- Bankruptcy Clinic...5
- Behavioral Wellness (formerly ADMHS)...8
- Benefits & Referral Center...7
- Bethel House for Women...11
- Bill Payers...
- Birth Certificates ...3
- Brain Injury...
- Bridge House Emergency Shelter...1
- Busses...
- Cabrillo Bathhouse...3
- CAP Senior Lunch Program...1
- CADA...10
- CalWorks...
- California Rural Legal Assistance...5
- Cal Vet (CA Dept of VA Affairs)...12
- Cal Vet/Women Veterans...12
- CARES...8
- Cares For Paws...15
- Casa Esperanza Homeless Center (now PATH SB)...1,3
- Casa Serena for Women...11
- Catholic Charities...2
- Central Coast Area Agency on Aging...8
- Central Coast Headway...10
- Central Coast Rescue Mission...11
- Child Welfare...14
- City Housing Authority...
- City of Hope Shelter...1
- Cliff Drive Senior Luncheon...8
- Clothes...
- Coast Valley Substance ...Treatment...10
- Committee For Social Justice...5
- Cottage Hospital...6
- Cottage Residential Center...11
- Community Counseling and Education Center...8
- Community Kitchen...2
- Community Health Centers...6
- Community Partners in Caring...9
- Companion animal ...15
- Cornerstone...11
- County Clinic...
- County Housing Authority...12
- Counseling...
- Covered California...7
- Day Care for Children...
- Davis Center, City Parks and Recreation...8
- Denti-Cal Providers...6
- Department of Rehabilitation...4
- Department of Social Services...
- Detox (See: Project Recovery Detox Program)...6
- Developmental Disabilities ...
- Disability Law...
- Diana Basehart Foundation...15
- Disabled American Veterans (Chapter 37, Santa Barbara)...12
- Doctors Without Walls...6
- Domestic Violence...1, 8
- Domestic Violence Solutions...1, 8, 11
- Dual Diagnosis ...
- Eastside Dental Clinic...6
- Eastside Neighborhood Clinic...6
- Easy Lift...9
- EDD Employment Development...4
- Education...
- Edgery Apartments...8
- Emergency Psych...Assess...7
- Emergency Rooms...6
- Employment...
- Eyeglasses...
- Families Act!...5
- Family Law Facilitator...
- Fellowship Club (formerly Mental Wellness Center)...2
- Faulding Hotel...See Santa Barbara Community Housing Corporation.
- Feed Lompoc...1
- Food...1
- Food for Angels, Isla Vista...2
- Foodbank...2
- Food Stamps (CalFresh)...2
- Franklin Public Health Clinic...6
- Friendship Adult Day Center...8
- Freedom Warmer Centers...1
- General Relief (GR)...1
- Girls Inc...14
- Gilinger, Lisa (disability law)...5, 14
- Giving Tree...11
- Goleta Neighborhood Clinic...6
- Good Samaritan...1,...7, 12
- Greyhound...10
- Guadyance House...11
- Health Insurance...Health Care for the Homeless Program...7
- Health Insur...Seniors HICAP...7
- Hospital...
- Hospice/Grief Counseling...8
- Hotel de Rivera...12
- Housing...
- HASB Furniture Closet...4
-Probation...5
-Project Outreach...5
-Project PREMIE...10, 11, 15
-Project Recovery...6
-ProPay...14
-Public Defender...5
-Public Guardian...14
-Public Health...6
-Rape Crisis Centers...8
-Recovery...
-Recovery Point...10
-Recovery Way Home...8, 12
-Rental Housing Mediation Task Force...5
-Rescue Mission (SB)...1, 2, 3, 10, 11
-Residential Treatment...
-Restorative Court...
-Restorative Policing...5
-SAFTY...15
-Safe Parking Program...1, 15
-Salvation Army (The SA Hospitality House)...1, 12
-Salvation Army Santa Maria...2, 12
-Sanctuary Physiatrist Centers of SB...10, 11
-Santa Barbara Community Housing Corporation (SBCHC)...12
-Santa Barbara County Housing Authority...12
-Santa Barbara City Housing Authority...
-Santa Barbara Rescue Mission...1, 2, 3
-Santa Barbara Vision Care Program...7
-Santa Maria Area Transit...10
-Santa Maria Health Care Center...6, 7
-Santa Maria Recovery Point Detox...6
-Sarah House...12
-SBCC/Continuing Education...4
-SB Social Services...3, 14
-Schott Center...4
-Section 8...9
-Seniors...9
-Senior Lunch Program...1, 9
-Sexual Assault...
-Shelter, Emergency...
-Showers...3
-Shower of Blessing...3
-Social Security & Social Security Disability...14
-Social Services...3, 4, 14
-Sober Living...
-SSVF (Supportive Services Veteran Families)...12
-Stalwart Clean and Sober/and for Women...11
-St. Brigid Fellowship Goleta/Isla Vista...2
-St. Vincent’s...8, 12
-Storyteller...14
-TANF: Temporary Assistance For Needy Families...15
-TB testing...
-Transportation...9
-Transition House Family Shelter...1, 12
-Transitional Center for Women & Children...8, 12, 14
-Transitional Housing...
-Transitions Mental Health Assn...8
-Turning Point...10
-Unity Shoppe...2
-VASH Program...13
-Vehicle...15
-Veterans Services...13
-Veterans Service Office (SB-County)...13
-Victim Witness (DA)...8
-Villa Caridad...9
-Villa Majella...8, 11
-Warming Centers...1
-Wake Center...4
-Welfare (TANF)...15
-Westside Neighborhood Clinic...7
-WillBridge...12
-Women's Free Homeless Clinic...3
-Work...4
-Work Force Resource Center...4
-Women Infants and Children Program (WIC)...15
-Youth...15
-Zona Seca...11
-12-Step Program...11

www.commongroundsb.org

The Common Ground Santa Barbara County volunteer effort is a special project of the United Way of Northern Santa Barbara County. The substance and findings of the work are dedicated to the public.

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Navigating With A Person Experiencing Homelessness To Housing

1) Complete a Vulnerability Index Survey
2) Complete the “C3 Common Housing Application” as a template for all other housing applications.
3) Connect with other resources as appropriate. This may include Social Security, County Public Health, Youth Services, Veterans Services, County Mental Health, Recovery Community, etc.

By navigating systems alongside friends, you can act as an advocate to ensure they receive the services they need.

Street Outreach

Common Ground Santa Barbara County is dedicated to training and providing resources to support ending homelessness in our county. You can support this work in many ways:

1) Join a Common Ground Santa Barbara County outreach team! For more information please visit our website www.commongroundsb.org
2) Organize a sock, cereal bar, rain poncho, or toiletries drive. These items are invaluable when it comes to outreach.
3) Attend a volunteer training to learn best practices of outreach!
4) Volunteer with a non-profit or community action group that needs your help. You can learn more about these opportunities on our website: www.commongroundsb.org

Supporting Newly Housed Individuals

Newly housed friends are experiencing a significant change in their lives. With housing comes a new environment, neighbors, and, for those chronically on the streets, a need to build new skills and create new social structures. This can be stressful, but you can help in many ways, here is how:

1) Participate in our Common Ground Santa Barbara County housing outreach programs. Visit with friends in housing in a laid-back environment. Offering a listening ear is often just what a friend needs.
2) If you are unable to attend the housing outreach, you can still contribute to our weekly housing meal shares. Disposable utensils, napkins, drinks, healthy food, and salads are a huge help as some people newly in housing have limited incomes.
3) Helping furnish an apartment with simple necessities is another great way to help a person feel more at home. New or gently used items are welcome as are basic household items: towels, pots, pans, dish soap, toiletry items, and

To join a Common Ground Santa Barbara County Outreach or Housing Team or if you are interested in organizing a Sock & Supply Drive or contributing to one of our weekly Housing Meal Shares, please e-mail

cgvolunteers@gmail.com
or call (805) 451-5604

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