



United Way of Northern
Santa Barbara County



Resource Guide for Santa Barbara County

This resource list is a starting guide, tailored specifically for our street friends. It is not meant to provide an exhaustive list to every resource available and the list is open to suggestions and revisions. Common Ground Santa Barbara does not endorse any particular service, residential, outpatient program or sober living facility. This list is provided for information only. You can also call the 211 Helpline – dial 211 from a phone for referrals to services throughout Santa Barbara County.

Immediate Goals

Emergency/Shelters

Countywide Freedom Warming Centers

Call the hotline for which shelters are activated

Hotline: 805-324-2372

warmingcenters@ussb.org

Note: It is illegal to sleep or camp outdoors or in your vehicle in Santa Barbara except in designated campsites or with permission on private property.

Bridge House Emergency Shelter, Lompoc

Emergency shelter. Referrals for financial, medical, and other services. 56 beds, emergency food managed by Good Samaritan Shelter 2025 Sweeney Road, Lompoc, 93436 Phone: 805-735-4390

City of Hope Shelter, Lompoc

Shelter in Lompoc. Please call at 6 pm for bed availability and to review program requirements. Hot meal, lunch, and continental breakfast for provided. Phone: 805-736-9826

Domestic Violence Solutions, Countywide

Confidential emergency shelters for up to 45 days. Men, women & children

Survivors of domestic violence 24 hr hotline/phone:

- Lompoc: 805-736-0965
- Santa Barbara: 805-964-5245
- Santa Maria: 805-925-2160

Good Samaritan Emergency Shelter, SM

90 day facility providing shelter to men, women, and children. Dinner and continental breakfast After school tutoring for children Showers and laundry room use 401 W Morrison Ave., SM, CA, 93458 Phone: 805-347-3338 ext.101

New Beginnings Safe Parking Program, SB

Safe place to park your vehicle and sleep overnight legally. Must have current license, registration & insurance. Usually has a waitlist. 324 E Carrillo St, C, SB, 93101 Phone: 805-845-8492

Noah's Anchorage Youth Crisis Shelter, SB

Temporary shelter for youths Ages 10-17 301 W. Figueroa St, SB, 93101 Phone: 805-963-8775

PATH Santa Barbara

Interim housing facility is dedicated to helping homeless individuals access the services they need to improve their health, increase their income, and transition to stable housing. 816 Cacique St, SB, 93103 Phone: 805-884-8481

Santa Barbara Rescue Mission

Overnight stay Showers Breakfast & Dinner Chapel 7pm (optional) Note: showers, dinner and breakfast available even if not staying overnight Check In: Women : Mon-Sat 4pm (showers open 3:30pm). Sun 3pm. Men: Mon-Sat: 6:15pm. Sun: 5:15pm 535 E Yanonali St, SB, 93103 Phone: 805-966-1316

Transition House Family Shelter, SB
Emergency shelter and homelessness prevention for families. Shelter admittance based on bed availability. Call M-F 9am-5pm. 425 E Cota St, SB, 93101 Phone: 805-966-9668

Food

In this section you will find a selection of countywide food options. The Foodbank and their partner programs can assist you with emergency food, meals, nutrition education and other services. Please use these Emergency Food Referral Lists for locations, dates, and times of distribution sites. The Foodbank is not a distribution site for individuals: www.foodbanksbc.org/get-help North County: 805-937-3422 ext. 0 South County: 805-967-5741 ext. 0

Breakfast

Pershing Park, SB

Sun 9am -100 Castillo St, SB, 93101

The Salvation Army Hospitality House

Sun-Sat 7- 9am Burritos served until out 423 Chapala St, SB, 93101 Phone: 805-962-6281 x 108

Santa Barbara Rescue Mission

Daily at 6am 535 E Yanonali St, SB, 93103 Phone: 805-966-1316

Lunch

CAC Senior Lunch Program, Lompoc

For seniors 60+ 1120 W. Ocean Ave., Lompoc 93436 Phone: 805-310-1557

Feed Lompoc

Food on 1st and 3rd Thursdays 10am-noon 125 North C St., Lompoc Phone: 805-735-7525

Light and Life Goleta

Sun 12:15 pm
 People's Park, IV, CA 93117
 e-mail: llgoleta@gmail.com

Mental Wellness Center, SB

Lunch Mon - Fri 12- 12:30pm
 Members only/mental health referral
 signed by doctor needed
 617 Garden St, SB, 93101
 Phone: 805-884-8440

Salvation Army, Santa Maria

Prepared hot meal.
 200 W. Cook Ave, Santa Maria
 Phone: 805-349-2421
 Mon-Thurs: 11:30am-12:30pm Fri:
 10-11am.

Dinner**Alameda Park, SB**

Thurs at 6pm
 Doctors Without Walls- SB Street
 Medicine provides free medical care.
 Social services and referrals.
 1400 Santa Barbara St, SB, 93101
 Phone: 805-564-5418

Community Kitchen, Lompoc

Meals for homeless and
 disadvantaged
 Tue: 403 N. J St., Lompoc
 Thu: 220 W. Cypress Ave., Lompoc
 Fri: 333 S. I St., Lompoc
 Serving time 5pm

Mobile Food Bank, Lompoc

925 North F St., Lompoc
 3-4pm, 3rd Monday

New Life Christian Church, Lompoc

816 North C St., Lompoc
 805-736-9826
 3rd Saturday of the month

Pershing Park, SB

Wed 5:30pm.
 Doctors Without Walls provides free
 medical care.
 Social services and referrals.
 100 Castillo St, SB, 93101

Santa Barbara Rescue Mission

Mon -Sat at 6:15pm
 Sun at 5:15 pm
 Showers, dinner and breakfast
 available even if not staying overnight.
 535 E Yanonali St, SB, 93103

Phone: 805-966-1316

St. Brigid Fellowship Isla Vista/Goleta

Dinner on Mon nights from 5-6pm at
 St. Michaels Episcopal Church
 4:30pm during winter months
 Every other Mon Doctors Without
 Walls-SB Street Medicine provides
 free medical care
 6586 Picasso Road Isla Vista, 93117
 Phone: 805-685-5400

Bulk Food/Groceries**Catholic Charities Bulk Food Distribution:**

Mon of 4th week: 12- 4:30pm
 Tues through Fri of 4th week: 8:30am-
 4:30 pm
 Catholic Charities offers other
 services for families and individuals
 with addresses and identification.
 609 E. Haley St, SB, 93103
 Phone: 805 965-7045
 325 N Second St. Lmp, 93436
 Phone: 805 736-6226
 609 W Main St. SM 93458
 Phone: 805 922-2059
 941 Walnut Ave. Carpinteria 93013
 Phone: 805 684-8621

Catholic Charities in Isla Vista

Thurs 3:30 – 4:30 pm
 6550 Picasso Rd., IV, 93117
 Phone: 805-965-7045

Food Bank Mobile Food Pantry and Mobile Farmers Market

Provides produce/non-perishable
 goods
 A map is available at
<http://foodbanksbc.org/get-help/> lists
 all of the emergency food programs in
 south SB County as well as address,
 hours of operation and contact info.

Food For Angels, Isla Vista

The 1st. and 3rd Mon of each month, 4-
 6pm. Distribution at the parking lot of
 SB Hillel in IV.
 781 Embarcadero Del Mar, IV, 93117
 Phone: 805-588-2681

Food Stamps (CalFresh in CA): If you
 are homeless you can get CalFresh
 even if you do not have an
 address/place to cook meals.

Apply in person, mail, phone, or online
 at www.mycalfresh.org
 Need photo Identification and a social
 security number. To find out if you
 qualify call: 1-877-847-3663

Unity Shoppe, SB

Free Food Store
 Once a year
 Requires referral from approved
 agency* & ID
 1401 Chapala St., SB 93101
 Phone: 805-965-4122

Special Food Events

Organizations do special food events
 around the holidays. The Organic
 Soup Kitchen (OSK) holds
 Thanksgiving and Christmas feasts at
 the Veteran's Memorial Building. OSK
 events: www.organic_soup_kitchen.org

Clothes**Catholic Charities, SB & Lompoc**

Voucher once every two months to
 shop in their thrift store*
 609 East Haley St, SB, 93103
 SB Phone: 805-965-7045
 325 N Second St, Lompoc, CA
 93436
 LOM Phone: 805-736-6226

Fellowship Club. SB

Clothes (members only)
 617 Garden St, SB, 93101
 Phone: 805-884-8440

Rescue Mission –Central Coast – Super Thrift Store

Household goods, clothes, toys,
 and appliances
 306 N. Broadway
 Santa Maria, 93454
 Phone: 805-357-1214

Unity Shoppe

Household Goods, Baby Supplies,
 School & Clothing Merchandise,
 Books
 1401 Chapala Street, SB, 93101
 Phone: 805-965-4122

General Relief

Offers short-term assistance to adults without children who need assistance with meeting basic shelter and personal needs.

Bring ID, SS#, and proof of income or disability.

Apply at:

SB Social Services

234 Camino Del Remedio, SB, 93110

Phone: 805-681-4401

SM Social Services

2125 S. Centerpointe Pkwy, SM, 93455

805-346-7135

Lompoc Social Services

1100 W. Laurel Ave, Lompoc, 93436

805-737-7080

Laundry (Free)

Laundry Love Santa Barbara

Offers free wash and dry and laundry soap; 2 loads per person including sleeping bags & blankets, etc.

Info./volunteer

worthstreetreach@gmail.com

www.worthstreetreach.org

Loads of Love, SB

310 N. Milpas St., SB

Every 3rd Sun of the month

1-3pm

www.laundrylovesb@gmail.com

Morning Star Laundry at Lucky Laundry, SM

Tues 8am - Noon, Closed Holidays

809 N. Broadway, SM, CA 93454

www.crestwoodchristian.net

Women's Free Homeless Clinic, SB

Sponsored by the Doctors Without Walls SB Street Medicine. Offers laundry service & clothes at Transition House- 2nd, 3rd & 4th Fri of each Month.

Showers

Cabrillo Bathhouse, SB

Mon - Fri 8am-5pm.

Showers: \$4/day; 10 visits \$34;

Unlimited month pass \$52; senior discounts

1118 E Cabrillo Blvd, SB, 93103

Phone: 805 - 897-2680

PATH Santa Barbara

Must be PATH Resident

816 Cacique St, SB, 93103

Phone: 805-884-8481

Santa Barbara Rescue Mission

Mon - Sat 3:30pm Women; 6:15pm Men

Sun 2:30pm Women; 5:15pm Men

535 E Yanonali St, SB, 93103

Phone: 805-966-1316

Showers of Blessing, South County

***Isla Vista, Mondays**

St. Michael's University Church

6586 Picasso Road

Showers - 2:30pm - 5:00pm

Dinner by St. Brigid - 5:00pm

Goleta, Wednesdays

St. Athanasius Orthodox Church

300 Sumida Gardens Lane, Goleta

Showers - 11:00AM - 1:00PM

Lunch provided

Santa Barbara, Thursdays

Alameda Park: 1400 Santa Barbara St

Showers - 3:30PM - 6:30PM

6:30 PM Dinner

Isla Vista, Fridays

St. Marks University Parish

6550 Picasso Road, Isla Vista

Showers - 11:00AM - 1:00PM

Lunch Provided

Showers of Blessing, Santa Maria

Mons 8am - Noon, including

Holidays

109 W. Cook Street, SM 93454

Showers, Haircuts, Hospitality,

Monthly basics distribution

www.showersofblessing.net

Women's Free Homeless Clinic, SB

Sponsored by the Doctors Without Walls SB Street Medicine. Offers laundry showers, medical services, lunch & clothes at Transition House- 2nd, 3rd & 4th Fri of each Month.

Short Term & Long Term Goals

Birth Certificates

California

In person: Hall of Records; 1100

Anacapa St, SB, 93101

Online, which is recommended:

www.vitalchek.com/birth-

certificates/california/santa-barbara-county-clerk-recorder

Must submit a Sworn Statement and notarized Certificate of Identity before the order will be processed, cost \$30-\$44.95

Out of State: Go to the birth State's website. Most offer the use of VitalChek services, you can avoid the VitalChek fees by applying directly to the state's Vital Records department (usually part of Department of Health & Human Services). If you have no picture ID, another person can vouch for your identity in some states.

Santa Barbara Fee Exempt Birth Certificate For A Homeless Individual

Santa Barbara County Clerk Recorder

Phone: 805-568-2251

SB County Recorder

Hall of Records, SB County Courthouse

1100 Anacapa St, SB, 93101

SB Phone: 805-568-2250

SM Gov Center

511 E Lakeside Parkway #115, SM, 93455

SM Phone: 346-8370

Lompoc County Clerk Recorder

401 E Cypress, #102. Lompoc, 93436

Lompoc Phone: 805-737-7705

California Identification

Department of Motor Vehicles. If you have had a CA I.D. in the last few years you can get a new one with a thumbprint as proof of identification. If not, you will have to bring your birth certificate.

535 Castillo St, SB

Phone: 800-777-0133

Note: Some non-profits, including PATH, may provide a fee waiver.

Education

Allan Hancock College, SM

800 S College Dr, SM, CA 93454
805-922-6966

SB City College (SBCC)

721 Cliff Dr., SB, 93109
Phone: 805-965-0581 |
www.sbccc.cc.ca.us

SB City College CalWORKs

Department

If you receive CalWORKs/TANF and are (or would like to be) enrolled at SBCC you are eligible. Must receive cash aid assistance for yourself, not just your children. College provides education, employment training, support services and work study opportunities to increase wage earning power and lead to self-sufficiency.

721 Cliff Dr., SB, 93109, ECC-20
Phone: 805-965-0581 Ext. 4753

Student Support Services/STEP at SBCC

Education and career advising.
Maria Lopez Manzo, Program Advisor
Phone: 805-898-8121

The Schott Center, SB

310 W. Padre, SB, 93105
Phone: 805-687-0812

The Wake Center, SB

300 N. Turnpike, SB, 93111
Phone: 805-964-6853

Employment & Community Service Work

CalWorks

Assists welfare recipients to obtain or prepare for employment.

Lompoc Social Services

1100 W Laurel Ave, Lompoc,
93436

Lompoc Phone: 805-737-7080

Santa Barbara Social Services

234 Camino Del Remedio, SB, 93110
SB Phone: 805-681-4401

Santa Maria Social Services

2125 South Centerpointe Parkway,
SM, 93455
SM Phone: 805-346-7135

Department of Rehabilitation

Vocational rehabilitation services to individuals with disabilities.
Phone: 805-560-8130
509 E. Montecito St. #101, SB, 93103

Employment Development Department

Unemployment/unemployment insurance eligibility information.

130 E. Ortega St., SB, 93101
SB Phone: 805-568-1296 x2
1410 S Broadway E, SM, 93454
SM Phone: 805-348-3210

Labor Ready, SB & SM

Dispatches temporary associates to jobs in construction, manufacturing, hospitality, events, restoration, auto services, logistics & warehousing, retail support, waste and recycling & more.

*Labor Ready SB

123 E. Carrillo St, SB
SB Phone: 805-963-5370

*Labor Ready SM

409 E Church St A, SM
SM Phone: 805-739-8885

Marketableyou.org

Self-paced, computer-based training
601 E. Ocean Ave. Ste. 18, Lompoc
93436
Phone: 805-944-7568

Work Force Resource Center

Job search, résumé, education, training & labor market info.

SB Work Force Resource Center

130 East Ortega St, SB, 93101
SB Phone: 805-568-1296 x1

SM Work Force Resource Center

1410 S Broadway # A, SM, 93454
SM Phone: 805-614-1550

Housing Support

Newly housed people will likely still need support to maintain housing. Many resources in this guide will apply to people who have been recently homeless but are now housed. This section contains additional resources.

Adult Protective Services (APS)

Each county has an APS agency to help elder adults (65 years +) and dependent adults (18-64 who are

disabled), when adults are unable to meet their own needs, or are victims of abuse, neglect or exploitation. County APS investigates reports of abuse of elders and dependent adults who live in private home, hotels, hospitals and health clinics when the abuser is not a staff member. (The Licensing & Certification program of the CA Department of Health Services handles cases of abuse by a member of a hospital or health clinic.) County APS staff evaluates abuse cases and arranges for services such as advocacy, counseling, money management, out-of-home placement, or conservatorship.

Department of Social Services
234 Camino Del Remedio, SB, 93110
Hotline: 805-681-4550
Lompoc: 805-737-6020
Santa Maria: 805-346-8303

Housing Authority City SB Furniture Closet program for newly housed individuals

In-Home Supportive Services (IHSS)

Pays for services so that a person can remain safely in your own home. Must be over 65, or disabled, or blind. Disabled children are also eligible for IHSS. IHSS is an alternative to out-of-home care, such as nursing homes or board and care facilities.
Phone: 805-681-4615

PathPoint , Countywide

Offers two programs for mental health support: 1) Paths to Recovery: case management, psychiatric support & nursing, help with housing and learning skills such as budgeting and living independently, managing symptoms and stresses of daily living. Referral by SB County Behavioral Wellness. 2) Residential Support Services: On-site by PathPoint at three housing-authority managed properties. Support with accessing resources, learning social skills, and working on symptoms, behaviors and the consequences of substance abuse to help maintain successful independent housing. Write to:
402 E Carrillo St, Ste B, SB, 93101
Phone: 805-963-1086

Legal & Advocacy

Tickets related to homelessness can be dismissed with the completion of 10 hours of volunteer service using a form. Restorative Court is available to street friends with tickets who are referred to the Court by specific City and County Departments. Street friends with tickets can contact a private attorney, non-profit, advocacy group or the Public Defender.

Amberger & Chamberlain, Disability Law
735 State St, Suite 512, SB, 93101
Phone: 805-618-1600

Bankruptcy Clinic
Clerk's Office Bankruptcy Court
Free legal help weekly on Fri: 10am–12pm
1415 State St, SB, 93101
General information: 855-460-9641

California Rural Legal Assistance
Walk-in hours Mon-Thurs 1pm-5pm.
Practice covers housing labor & employment, education and public benefits for eligible clients.

Santa Barbara Office
22 N Milpas St, Suite F, SB, CA 93103
SB Phone: 805-963-5981

Santa Maria Office
2050 G S. Broadway, SM, 93454
SM Phone: 805-922-4563

Committee For Social Justice
Peter Marin may help with tickets/fees related to individuals who live in their vehicle
805-682-4903

Families ACT!
Advocacy group for dually diagnosed people and their families.
Phone: 805-637-1339

Family Law Facilitator
Signup starting at 8am. Procedural direction in the following types of cases:
Department of Child Support Services
Child support cases
Dissolution (divorce), legal separation, nullity (annulment) and paternity cases:
-Child support issues

-Spousal support issues
-Child custody & visitation issues (limited assistance available)
-Initiating or finalizing a case (limited assistance available)
1100 Anacapa St, SB, 93101
Phone: 805-882-4660

Legal Aid Foundation of SB County
Domestic Violence/SA TROs, Landlord Tenant Law
SB: 301 E. Canon Perdido St, SB, 93101
Phone: 805-963-6754
LOM: 604 E Ocean St. Ste. B, Lompoc 93436
Phone: 805-736-6582
SM: 301 S. Miller St. Ste. 121, SM 93454
Phone: 805-922-9909

Independent Living Resource Center
Consumer-based non-profit of, by and for persons with disabilities

SouthCounty Office
423 W. Victoria St, SB, 93101
SB Phone: 805-963-0595
NorthCounty Office
327 E. Plaza Drive, #3A
SM, CA 93454
SM Phone: 805-925-0015

Legal Resource Centers, Countywide
Help with legal forms including small claims actions, restraining orders and landlord-tenant law
SB County Superior Court, McMahon Law Library, 2nd Floor
1100 Anacapa St, SB, 93101
Phone: 805-568-3303
Mon-Wed, Fri: 9am-12pm, 1:30-4pm;
Thurs: 9am-12pm 1-3:30pm
Lompoc: 115 Civic Center Plaza
Santa Maria: 312 E. Cook St.

Law Offices of Lisa C. Gilinger,
Disability Law
635 N. Alisos St, SB, 93103
Phone: 805-568-5370

National Alliance on Mental Illness - Southern Santa Barbara County (NAMI)
Free meetings and advocate services take place on the 4th Thurs of each month at 6 pm, 1st floor, Mental Wellness Center, 617 Garden St, SB.

Parole Operations
1555 W. 5th St., Oxnard, 93030
Phone: 805-382-8151

Project Outreach (SB & Goleta)
Volunteer lawyers provide "advice only" outreach at community centers, & offer pro bono representation in certain types of cases. Clients are seen on a "first-come, first served" basis, so arrive before 4pm to sign up. Doors close at promptly at 4pm. Please call the community center ahead of time to ensure an attorney will be present. The current hours of operation and locations are:

*Franklin Neighborhood Center
Tues, 4–6pm
1136 E. Montecito St, SB
Phone: 805-897-2582
*Goleta Valley Community Center
Wednesday, 4–6pm
5679 Hollister Ave, Goleta,
Phone: 805-967-1237
*Westside Community Center
Thurs, 4–6pm:
423 W. Victoria St, SB
Phone: 805-897-2560

Public Defender, Santa Barbara Office
1100 Anacapa St #3, SB, 93101
Phone: 805-568-3470

Rental Housing Mediation Task Force
630 Garden St, SB, 93101
Phone: 805-564-5420

Restorative Policing, SB
Officer Hove 805-331-6641

Santa Barbara County Probation Department
*Santa Barbara
117 E. Carrillo St., SB, 93101
Phone: 805-882-3753

*Santa Maria
2121 Centerpointe Pkwy # 1, SM, 93455
Phone: 805-739-8500

Santa Barbara County Bar Association Lawyer Referral Service
15 W. Carrillo St, 106, SB, 93101
Phone: 805-569-9400

Medical Care, Dental Care, Detox, Eyeglasses & Prescriptions (No or Low Cost)

American Indian Health and Services

Serves people of all ethnicities.

Behavioral health counseling, community health, family practice, internal medicine, pediatrics, podiatry, substance abuse counseling

Clinic: Mon-Fri 8am-6pm

4141 State St. A-3, SB, 93110

Phone: 805-681-7144

Another Road Detox Center

Support and guidance for those going through withdrawals in a residential environment.

604 West Ocean Ave, Lompoc, 93436

Phone: 805-736-0357

Community Health Centers

- Lompoc Clinic- 425 W Central Ave, Ste 201. (805) 737-1169

- Dental services- (805) 735-2846

- Santa Maria Mobile Health Unit

Immediate care & health screenings

Salvation Army (200 W Cook St, SM, 93458) Mon 11 am- 1:30 pm

200 W Williams St, SM, 93458, Wed 8:30am-1:30 pm

(805) 451-3898

communityhealthcenters.org

Denti-Cal Providers SBC

1-800-322-6384

Doctors Without Walls- SB Street Medicine

Free, volunteer medical care to the most vulnerable in SB County. 4 clinics serve the diverse medical needs of SB. Year round, rain or shine. Clinics:

- Isla Vista Clinic (6586 Picasso Road Isla Vista, CA 93117)-Every other Mon 5pm

- Pershing Park and Mobile Clinics- Every Wed 5:30pm.

- Alameda Park Clinic- Every Thurs 6pm.

- Women's Free Homeless Clinic at Transition House (434 E Ortega St) 2nd, 3rd and 4th Fri of each Month from 9:30am-2pm. Free medical care, showers, laundry, clothing & lunch. Free roundtrip transportation from

Transit Station, SB Library & Casa Esperanza.

Eastside Neighborhood Clinic

Clinic: Mon-Fri 8:45am-6pm, Sat 8:45am-12pm

915 N. Milpas St., SB, 93103

Phone: 805-963-1641

Eastside Family Dental Clinic, SB

Education, prevention, comprehensive & emergency treatments for oral health.

Clinic: M-F 7:45 am to 6:30 pm

923 N. Milpas St., SB 93103

Phone: 805-884-1998

Emergency Rooms

For emergencies only

911 for medical crisis, or behavior that is a danger to self or others

Lompoc Valley Medical

1515 E Ocean Ave, Lompoc,

Phone: 805-737-3300

Marian Regional Medical Center, SM

1400 E Church St, Santa Maria, 93454

Phone: 805-739-3000

SB Cottage Hospital Emergency Rm

400 W. Pueblo St, SB, 93101

Phone: 805-682-7111

Franklin Health Care Center, SB

Appointments for infants, children, adults, seniors and women's health services

Clinic: Mon-Fri 8am-5pm

1136 E. Montecito St., SB, 93103

Phone: 805-568-2099

Franklin Health Care Center @ PATH, SB

Primary care, family planning, STD, CHDP, immunizations
Mon, Wed, Fri: 8am-12pm

Goleta Neighborhood Clinic

5580 Calle Real, Goleta 93111

805-617-7878

Isla Vista Neighborhood Clinic

970 Embarcadero del Mar, Goleta 93117

805-968-1511

Lompoc Valley Compressive Care Center

216 N 3 St.

805-736-3466

PATH Santa Barbara

*Check in 9am.

816 Cacique St, SB, 93103

Phone: 805-884-8481

Planned Parenthood

Emergency contraception, Pregnancy testing, Sexually Transmitted Infection testing, Urinary tract infection testing & treatment, Birth control pickup (for patients with active prescriptions on file with this health center)

518 Garden St, SB, 93101

Phone: 888-898-3806 for walk in hours

Franklin Health Care Center @ Rescue Mission

Primary care and family planning, STD, CHDP, immunizations

Clinic: Tue & Thu 8am-12pm

Nurse: Tue 8am-12pm, 2-4pm; Thu 2-4pm

535 E. Yanonali St, SB, 93103

Medical Detox Cottage Hospital (with insurance) Phone: 805-569-7253 (Intake)

Project Recovery Detox Program

Safe, alcohol-and drug-free environment for alcoholics and addicts who have the desire to become clean and sober. 14-day, social model residential detox. Proof of TB Test and a medical clearance form are required.

Phone: 805-963-1836

Sansum Clinic Urgent Care, SB

1225 North H St., Lompoc

Phone: 805-737-8786

Santa Barbara Cottage Hospital,

408-bed acute-care teaching hospital
Pueblo at Bath St, SB.

Phone: 805-682-7111

Santa Barbara County Public Health

Carp: 931 Walnut Avenue,

Carpinteria, 93013

Phone: 805-560-1050

Lom: 301 North R Street, Lompoc, 93436

Phone: 805-737-6400

SB: 345 Camino Del Remedio, SB, 93110

Phone: 805-681-5488
SM: 2115 S. Centerpointe Parkway,
Santa Maria, 93455- Telephone:
Phone: 805-346-7230

Santa Maria Recovery Point Detox

Provides residential detoxification services in social model setting for up to 14 days. Detoxification program for homeless veterans is available for up to 90 days.

401 "B" W Morrison Ave, SM, 93454
Phone: (805) 347-3338 ext. 102

Santa Maria Health Care Center

Primary care appointments for men, women, and children.

Clinic: Mon-Fri 8am-5pm

- Urgent Care: walk-in Mon-Fri 8am-4pm

- Saturday Walk-in Clinic: ages 5 and up

Colds, coughs, & minor sprains
2115 S. Centerpointe Parkway
Phone: (805) 346-7230

SM Health Care Center @ Good Samaritan

Mon & Wed 8am-12pm, 5-8pm
Thu 8am-12pm

Primary care, family planning, STD, CHDP, immunizations

401-C West Morrison Ave, SM, 93458

Westside Neighborhood Clinic

Clinic: Mon-Tues 9am-6pm, Wed-Fri 9am-7pm, Sat 9am-12pm

628 W. Micheltorena St., SB, 93101
Phone: 805-963-1546

Medical Insurance / Programs

Covered California

You can apply for a Covered California health insurance plan online at www.CoveredCA.com or by calling (800)

300-1506. To apply have the following information available:

Number of people being enrolled (include all birthdates)

Social Security number for all
Zip Code

Legal Immigration information

Info about status as member of federally recognized tribe.

Healthcare for the Homeless Program

Depending on income, you may qualify for reduced or no fee services. Patients will not be refused service based on ability to pay. Visit the Health Care for the Homeless website at www.sbcphd.org/hch for details including Health Center locations, services and free transportation from downtown shelters.

HICAP

Health insurance counseling for seniors

1-800-434-0222

Medi-Cal

CA's Medicaid health care program. Pays for a variety of medical services for children and adults with limited income and resources.

Apply regardless of sex, race, religion, color, national origin, sexual orientation, marital status, age, disability, or veteran status.

If you are found (or determined) eligible, you can get Medi-Cal as long as you continue to meet the eligibility requirements.

Apply at: Department of Social Services. See Lompoc, SB & SM listings in this Resource Guide.

Apply at: PATH Walk-in Health Clinic- M-F- 8:30-11 816 Cacique St, SB, 93103

Phone: 805-884-8481

Apply at: Rescue Mission Walk-in Health Clinic- Tues, Thurs 8:30-11 535 E Yanonali St, SB, 93103

Phone: 805-966-1316

Benefits & Referral Center

Mon-Fri 8 am- 5pm

For information about eligibility and how to apply visit: www.sbcphd.org

Phone: 805-681-5390

Eyeglasses

Referrals made by SB County Public Health Nurses

SB Vision Care Program

Free, comprehensive eye examination to those who have no other means of

obtaining one. If glasses are needed, a certificate for free eye glasses is provided (courtesy of the SB Eyeglass Factory). Must reside in Goleta, SB, Summerland or Carpinteria, be classified as low income, and not have medical or vision insurance, or qualify for any federal or state funded insurance programs (Medicare, Medi-Cal, Healthy Families etc).
Phone: 805-963-3303,
seeintl@seeintl.org

TB Test

Note: The test needs to be read 48 to 72 hours later by someone trained in reading skin tests.

PATH, Santa Barbara

Nurse: Mon 9-3; Tues 8-3; Wed 9-2; Thurs 1-4:30; Fri 9-2; Sat 9-12

816 Cacique St, SB, 93103

Phone: 805-884-8481

Franklin Health Care Center @ Rescue Mission

Tue 8:30-10:30.

535 E Yanonali St, SB, 93103

Phone: 805-966-1316

SB Neighborhood Health Clinics

Call for appointment or walk in & wait.

- **Eastside Neighborhood Clinic**

Mon-Fri: 8:45 am-6pm, 8:45am-12pm
915 N. Milpas St., SB, 93103

Phone: 805-963-1641

- **Isla Vista Clinic**

Mon: 8am-6pm;

Tues / Wed / Thus:

8am -7pm;

Fri :8am-6pm; Sat 8:30am -12pm

970 Embarcadero Del Mar

Isla Vista, CA 93117

Phone: 805-968-1511

- **Westside Neighborhood Clinic**

Clinic Hours: Mon-Tues 9am-6pm,
Wed-Fri 9am-7pm, Sat 8:30am-12pm

628 W. Micheltorena St., SB, 93101

Phone: 805-963-1546

Mental Health Counseling

Emergency Psychiatric/Crisis Assessment for Hospitalization.

Phone: 805-569-8339

Behavioral Wellness

The Department is responsible for ensuring the provision of mental health services mandated by the State of California for children with serious emotional disturbance, adults with serious mental illness and all Medi-Cal beneficiaries with specialty mental health needs

4444 Calle Real, SB, 93101

Phone: 888-868-1649

Behavioral Wellness (Formerly ADMHS) C.A.R.E.S. Clinic

Offers assessment/treatment for people with severe, persistent mental illness. CARES is part of the SB County Department of Alcohol, Drug and Mental Health Services. Call to schedule an assessment to see if you are eligible for services or see a CARES representative at Casa Esperanza for info. and referrals.

24 Hr Toll-Free Access 1-888-868-1649

C.A.R.E.S Outreach

Crisis and recovery emergency services. Call for help with assessment and psychiatric

C.A.R.E.S at PATH

8 am-12pm Mon, Tues, Th & Fri. Wed 1-4pm

816 Cacique St, SB, 93103

Phone: 805-319-1767

Community Counseling & Education Center

923 Olive St, Suite 1, SB, 93101

Phone: 805-962-3363

www.ccecsb.org

Domestic Violence Solutions

Survivors of domestic violence/anger management

24-Hour Crisis Line:

- Lompoc: 805-736-0965
- Santa Barbara: 805-964-5245
- Santa Maria: 805-925-2160

Phone: 805-963-4458

Hospice of SB (Grief Counseling)

Phone: 805-563-8820

Jewish Family Services - Federation

A wide range of professional counseling and support services, without regard to religion, race, ethnicity, or disability.

524 Chapala St, SB, 93101

Phone: 805-957-1116

Mental Wellness Center (formerly Mental Health Association)

Non-profit organization providing recovery, education, and family services to adults and families affected by mental illness.

617 Garden St, SB, 93101

Phone 805-884-8440

New Beginnings Counseling Center

Various counseling options including Women's Group Tues 4-5pm.

324 East Carrillo St, Suite C, SB

Phone: 805-963-7777

www.sbnbcc.org

Pacific Pride Foundation

Provides services to the HIV/AIDS and Lesbian, Gay, Bisexual and Transgender communities of SB County

126 E. Haley St., A-11, SB, 93101

Phone: 805-963-3636

- Rapid 20 Minute HIV and Hepatitis C Testing

Hours: Tuesday: 11 am-2pm,

Wednesday 3-7pm, Thursday 2-5pm

PathPoint , Countywide

Offers two programs for mental health support:

- Paths to Recovery
- Residential Support Services

See Page 3 for more information on programs and for contact information.

South SB County

902 Laguna Street

Santa Barbara, CA 93101

SB Phone: 805.961.9200

North SB County

2450 Professional Parkway

Santa Maria, CA 93455

SM Phone: 805.934.3537

Rape Crisis Centers , Countywide

Survivors of sexual assault:

- 511 E Ocean Ave, Lompoc, 93436

24-Hour Crisis Line: 805-736-7273

Phone: 805-736-8535

- 433 E. Canon Perdido, SB, 93101
24-Hour Crisis Line: 805-564-3696
Phone: 805-963-6832
- 301 S Miller #103, SM, 93454
24-Hour Crisis Line: 805-928-3554
Phone: 805-922-2994

Transitions Mental Health

Association (RLC) Non-profit organization offering a Recovery Learning Center. The drop in center offers meals, peer run mental health services.

Lompoc

513 North G St, Lompoc,

Phone: 805-819-0460 ext 153 or 152

Santa Maria

225 Inger Dr #101A, SM, 93456

Phone: 805-928-0139

Victim Witness (Victims of crimes)

1112 SB St, SB, CA 93101

Phone: 805-568-2400, 805-568-2453

Lompoc: 805-737-7910

Santa Maria: 805-346-7529

Pregnant

St. Vincent's

Provides transitional housing and services for single mothers with income at or below poverty level.

4200 Calle Real, SB, 93110

Phone: 805-683-6381

Recovery Way Home, Lompoc

Residential services for 6 mos for prenatal women & their children ages 0-5.

604 W Ocean Ave, Lompoc, 93436

Phone: 805-736-0357

Transitional Center for Women & Children, SM

Residential services for 6 mos for perinatal women & their children ages 0-5.

412 E Tunnell St, SM, 93454

Phone: 805-925-0315

Villa Majella, Goleta

Maternity Home and Outreach Program

604 N. Kellogg Ave., SB 93111

Phone: 805-964-1650

Seniors

Adult Protective Services

234 Camino Del Remedio, SB, 93110
Hotline: 805-681-4550

To report elder or dependent adult abuse or neglect:

Call Adult Protective Services toll-free: (844) 751-6729 (Mon-Fri, 8:00am-4:30pm).

Mandated Reporters: ask for our fax number or mailing address while on the call, and follow up by faxing or mailing us your completed form SOC 341 (in English or Spanish).

After business hours or on holidays, call Sheriff's Dispatch: (805) 692-5744.

Mandated Reporters: follow up with form SOC 341.

Or, report online 24/7 at ReportToAPS (non-emergency only).

Mandated Reporters: SOC 341 not required when reporting online.

For abuse in skilled nursing/residential care facilities, call the Long-Term Care Ombudsman: (805) 922-1236.

Central Coast Area Agency on Aging

Specialized information & referral services for senior services.
Phone: 800-510-2020 or 805-928-2552

Mon through Fri 8AM-5PM

Cliff Drive Senior Luncheon

1st and 3rd Thurs of each month, gather at the church – in upper fellowship room. Program 11am & lunch served at noon. Pastor Colleen Hurley-Bates, Pastor & Director of Adult and Spiritual Growth Ministries.

Free Methodist Church of SB
1435 Cliff Dr., SB, 93109
Phone: 805-965-4286 x225

Davis Center, City Parks & Recreation, SB

Recreational Activities for Senior Citizens. Carrillo Recreation Center
100 E. Carrillo St, SB, 93101
Phone: 805-897-2519

Elderly & Palm Tree Apartments (Battistone Foundation)

Affordable housing for low-income seniors.
Phone: 805-965-4541

Friendship Adult Day Center, South County

Day care for frail seniors and Alzheimer's individuals.
Montecito: 805-969-0859
Goleta: 805-845-7442

Housing Authority of the City of SB

Local public agency that provides affordable housing as well as supportive services to eligible persons with limited incomes. The Housing Authority owns and manages hundreds of units throughout the City and also offers rent subsidies to eligible households. Senior housing includes El Patio, Villa La Cumbre, Vista La Cumbre, SHIFCO and Presidio Springs.

808 Laguna St, SB, 93101
Phone: 805-965-1071 www.hacsb.org

Laguna Cottages for Seniors, SB

Affordable housing for Santa Barbara County seniors who have limited income and are able to live independently.
803 Laguna St, SB, CA 93101
Phone: 805-965-1179

Mobile Meals (Community Action Commission)

Hot meals for homebound seniors.
5638 Hollister Avenue, Suite 230, Goleta, CA 93117
North County: 805-925-3010
South County: 805-692-4979

Peoples' Self-Help Housing

Corporation Affordable housing throughout SB County. On-site community services
Phone: 805-962-5152 www.pshhc.org

SB Community Housing Corporation

Affordable housing projects throughout SB County including El Castillo Homes senior housing.
11 E. Haley St, SB, 93111
Phone: 805-963-9644

Senior Brown Bag Program

Community Programs Coordinator
Paulina Llamas-Aranda
Phone: 805-967-5741 ext. 102
Cell: 805-284-5407

Senior Center (Community Action Commission)

Provides 60+ Individuals with nutritious meals, information, referrals, advocacy, consumer education adaptive exercise programs, health clinics and tax information.

To enroll in the program /learn more, call:

North County 805-925-3010
South County 805-692-4979

Villa Caridad – Senior Housing

Housing for low-income families and seniors
4202 Calle Real, SB, 93110
Phone: 805-683-4375

Transportation

PATH (formerly Casa Esperanza)

Resource coaches/social workers may have bus tokens.
816 Cacique St, SB, 93103
Phone: 805-884-8481

City of Lompoc Transit (C.O.L.T.)

ADA Curb-to-curb service available for persons with disabilities. 10-ride & monthly bus passes. Discount passes for students, seniors. Info at: www.cityoflompoc.com/transit/colt.htm#info
Phone: 805-736-7666

Community Partners in Caring

Services for seniors (62+)
1120 W. Ocean Ave. #113, Lompoc 93436
Phone: 805-737-1976

Easy Lift Transportation, SB

Dedicated to supporting the independence of individuals with special needs by providing safe transportation and related services. For more information on the Dial-A-Ride services visit www.easylift.org
Phone: 805-681-1181

Free Easy Lift Transportation To County Campus For Medical And Social Services, SB

Easy Lift Van Schedule (SB) Easy Lift is a scheduled

van service to transport people experiencing homelessness to and from county medical and social services. Van runs on the following weekdays: Monday through Fri from 8:30-11:45am.

Regular Schedule, SB

First Run

8:30am – pick-up Salvation Army
8:35am – pick-up Faulding Hotel
8:40am – pick-up Rescue Mission
8:45am – pick-up Casa Esperanza
All riders dropped off approximately 9am at SB Heath Care Center

Second Run

9:25am – pick-up Salvation Army
9:30am - pick-up Faulding Hotel
9:35am - pick-up Rescue Mission
9:40am - pick-up Casa Esperanza
All riders dropped off approximately 10am at SB Heath Care Center

Third Run

10:25am – pick-up Salvation Army
10:30am - pick-up Faulding Hotel
10:35am - pick-up Rescue Mission
10:40am - pick-up Casa Esperanza
All riders dropped off approximately 11am at SB Health Care Center

Note: 11am is the last pick-up at the SB Health Care Center to do a drop off at Casa Esperanza, Faulding Hotel, Salvation Army, or the Rescue Mission.

Greyhound

Greyhound Santa Barbara

224 Chapala Street (entrance through Amtrak parking lot).
Phone: 805-965-7551

Greyhound Santa Maria

755 W Cypress St, Santa Maria, CA 93458
Phone: 805-925-8841

Santa Barbara Metropolitan Transit District

10-ride and monthly bus passes, and discount passes for youth, seniors, Mobility Passes for disabled persons and Medicare card holders. If you have a Mobility pass, a one-way bus ride is 85 cents instead of \$1.75; and a month's unlimited pass is \$20.00. Identification and proof of

disability are required.
www.sbmttd.gov/fares-and-passes/index.html

Santa Maria Area Transit

Daily and monthly bus passes
Discounted passes for students, seniors, disabled persons, and Medicare card holders.
Phone: 805-928-5624
<http://www.cityofsantamaria.org/city-government/departments/public-works-services/public-transit-services-2499>

Bus Rides Home or Elsewhere

PATH/& Restorative Policing

Have assisted people to return home or go to another place under certain conditions
Casa: 816 Cacique St, SB, 93103
Phone: 805-884-8481

Outpatient Services

Alpha Resource Center

A broad spectrum of day services for adults, 22 years of age and older, with developmental disabilities.
4501 Cathedral Oaks Rd, SB, 93110
Phone: 805-683-2145

CADA, SB

Preventing and treating alcoholism and drug abuse. Programs include: Project Recovery, Perinatal Program and Project Recovery Detox. Assessment, crisis counseling and referral services.
232 E. Canon Perdido St., SB, 93101
Phone: 805-963-1433

Central Coast Headway, Lompoc

115 E. College Ave. #16 Lompoc, 93436
805-737-0015

Coast Valley Substance Abuse Treatment Center

Provides substance abuse and co-occurring treatment. Adult and adolescent services including group counseling, individual counseling, family counseling, peer support groups, drug testing.
• Santa Maria: 1414 S Miller St, Ste. 11
Phone: 805-739-1512

• Lompoc: 133 North F St
Phone: 805-735-7525

Mental Wellness Center , SB

Variety of classes/group discussions on mental illness (members only)
617 Garden St, SB 93101
Phone: 805-884-1010

PathPoint , Countywide

Offers two programs for mental health support:

- Paths to Recovery
- Residential Support Services

South SB County

902 Laguna Street
Santa Barbara, CA 93101
SB Phone: 805.961.9200

North SB County

2450 Professional Parkway
Santa Maria, CA 93455
SM Phone: 805.934.3537

Project PREMIE, SM

Provides drug & alcohol outpatient treatment services for perinatal women & their children. Mon-Fri 8:30 am-4:30 pm
412 E Tunnell St, SM, 93454
Phone: 805-925-0315

Phoenix House, SB

Outpatient and residential treatment program; dual diagnosis. M-F 8:30am-5:30pm. Behavioral Wellness referral for residential treatment
107 E. Michaeltoarena St., SB, 93101
Phone: 805-965-3434

Project Recovery , SB

Outpatient program, group & individual counseling, perinatal, day/evening treatment, support groups. Sliding scale, MediCal and cash accepted.
133 E. Haley St., SB, 93101
Phone: 805-564-6057

Recovery Point , SM

Drug & alcohol outpatient treatment services. Mon-Fri 8:30 am-7:30 pm
245 Inger Dr #103 B, SM, 93454
Phone: 805-346-8185

Rescue Mission Santa Barbara

Group and Individual Counseling
Urinary Testing before every group
Tues., Thurs 5:00 -6:15pm
-Contact Alana Chessmar
Phone: 805-966-1316 Ext.600

Turning Point, Lompoc

Drug & alcohol treatment services for perinatal women and their children.
-Mon-Fri 8:30 am-4:30 pm
604 W Ocean Ave, Lompoc, 93436
Phone: 805-736-0357

Sanctuary Psychiatric Center, SB

Outpatient and residential treatment program. Dual diagnosis. Behavioral Wellness referral for residential treatment
222 W. Valerio St., SB, 93101
Phone: 805-569-2785

Jodi House, SB

Supportive services, info, and programs in a nurturing environment to help brain injury survivors and their families recover and reconnect to their community.
Phone: 805-563-2882
625 Chapala St., SB, 93101

Zona Seca, SB

Counseling, intervention & prevention services. Frequently referrals come from the court system.
26 W. Figueroa St., SB, 93101
Phone: 805-963-8961

Residential Treatment

Bethel House for Women, SB

One-year residential program for women. 60-day restriction upon entry. Christian 12 step. 24 women, No Charge, Bilingual, No work for 9 months.
Apply online, must provide contact info. Return application to Bethel House or Rescue Mission
24 W. Arrellaga St., SB, 93101
Phone: 805-966-1316 x 800

Casa Serena for Women, SB

Res. Treat - Women. Scholarships available. Main house \$2400/month-90 days. Oliver House \$1650/month-1 year (mothers and children)
Grad House \$900/month-9 months
1515 Bath St., SB, 93101
Phone: 805-966-1260

Central Coast Rescue Mission

1207 N. McClelland St. SM, CA 93454
Phone: 805-614-0220

Cottage Residential Center

Dept. setting, third party payment. Live-in program with ongoing aftercare for men and women. Detox (offered through the hospital), Medical care, Outpatient programs:
SB-38/PC1000
\$554/day- Private pay \$487.50
28 day program costs \$13,652
316 W. Montecito St., SB, 93101
Phone: 805-569-7422

Rescue Mission --Men's Recovery Program

12-month, faith-centered, 12-step social model program.
535 E. Yanonali St, SB, 93103
Phone: 805-966-1316

Recovery -12 Step

Alano Club, SB

235 E. Cota St., SB, 93101
Phone: 805-962-5013

Alcoholics Anonymous , Countywide

14 W Anapamu St., SB, 93101
SB Phone: 805-962-3332
SM Phone: 805-925-3782
LOM Phone: 805-737-3969

Narcotics Anonymous 24-hr. Help Line

Phone: 805-569-1288

Sober Living

All Star Recovery, SB

16 male beds; \$175/week,
\$700/Month
5018 Calle Real Rd., SB, 93111
Phone: 805-698-4889

Cornerstone, SB

Rent \$606/month; \$150 Deposit;
\$150/week
535 E. Yanonali Street, SB, 93101
Phone: 805-966-1316 Ext. 600

Giving Tree, SB

Sober living home for women. Daily 12 step meetings required., \$700/month, \$150 deposit
327 E. Victoria St. Apt. C, SB, 93101
Phone: 805-455-4568

Guydance House, SB

Sober living home for men; residents are required to attend at least 3 12-

step meetings/wk. 12 step sponsor required. \$600/month, \$175 + deposit
1818 Bath St., SB, 93101
Phone: 805-896-6865

New House II and III, SB

Sober living home for men. 12 step meeting & sponsor required. No minimum stay. \$210 per week (includes 3 meals a day)
2434 Bath St., SB, 93105
Phone: 805-563-6050
www.sbnewhouse.org

Project PREMIE

Provides drug & alcohol outpatient treatment services for perinatal women & their children.
Mon-Fri 8:30 am-4:30 pm
412 E Tunnell St, SM, 93454
Phone: 805-925-0315

Stalwart Clean and Sober

Dual Diagnosis residential facilities for men and women
\$170/Week or \$680/month
Phone: 805-722-2913

Villa Majella, Goleta

Program for pregnant women; 7 beds; classes in parenting, pregnancy, recovery; counseling s
Clean and sober 30 days prior to entry into house.
Call for appointment and interview.
Fee: \$250/month, \$50 due at admission
604 N. Kellogg Ave., SB, 93111
Phone: 805-964-1560

Housing

Transitional Housing

Transitional Housing is a step between the streets and permanent housing. This list is not exhaustive but will give you an idea of the type of options.

PATH SB (formerly Casa Esperanza)

816 Cacique St, SB, 93103
Phone: 805-884-8481

Domestic Violence Solutions, Countywide

For men, women and children who are survivors of domestic violence.
• Lompoc: 805-736-0965

- Santa Barbara: 805-964-5245
- Santa Maria: 805-925-2160

Good Samaritan Family Transitional Shelter, SM

Two-year program, fee is 30% of monthly income.

Must have stable income and desire to work towards independence in a group setting.

401 W Morrison Ave, SM, 93458
Phone: 347-3338 ext. 107

Marks House Family Transitional Shelter, Lompoc

Families work with a case manager to develop money management, parenting, and budgeting skills. 19 bed family transitional shelter.

203 North N Street, Lompoc, 93436
Phone: 805-735-9980

Recovery Way Home, Lompoc

Provides residential services for 6 months for perinatal women & their children ages 0-5 years old
604 W Ocean Ave, Lompoc, 93436
Phone: 805-736-0357

The Salvation Army Hospitality House, SB

Long Term (up to 2-years), Sober, Transitional Living Program designed to assist single, homeless men and women. Program's overall objective is for resident to become self-sufficient, obtain/maintain secure income/employment and safe housing. Public Resources.
423 Chapala St, SB, 93101
Phone: 805-962-6281 ext 123

Sarah House, SB

End-of-life care for low income individuals regardless of their ability to pay. Houses patients with AIDS
2612 Modoc Rd. SB, 93105
Phone: 805-563-9990

St. Vincent's Family Strengthening Program

Women and children with a limited income
4200 Calle Real, SB, 93110
Phone: 805-683-6381

Transitional Center for Women & Children

Provides residential services for 6 months for perinatal women & their children ages 0-5 years old.
412 E Tunnell St, SM, 93454
Phone: 805-925-0315

Transition House, SB

Temporary housing for families while they save money for permanent housing.
425 E. Cota St, SB, 93101
Phone: 805-966-9668

WillBridge (Dual Diagnosis)

Transitional Housing \$775/month
904 W. Mission St, SB 93101
Phone: 805-448-5547

Permanent Housing

The first step to permanent housing is to complete applications with the following agencies:

Hotel de Riviera, SB

Permanent Housing for dually diagnosed people (30 Single resident occupancy units for homeless individuals suffering from mental illness combined with alcohol and/or drug problems). 30% of income.
125 W. Carrillo St., SB, 93101
Phone: 805-963-6443

SB County Housing Authority , Countywide

Applications must be made online unless you apply for a disability accommodation.

Goleta Housing Office

5575 Armitos Ave, Goleta, 93117
Phone 805-967-3402

Lompoc Housing Office

Section 8 Housing Office
817 West Ocean Avenue
Lompoc, 93436
Phone (805) 735-8351

Santa Maria Housing Office

200 West Williams
SM, 93454
Phone (805) 925-4393
www.hasbarco.org

SB City Housing Authority

Note: Be sure to ask for all applications for people who are experiencing homelessness
808 Laguna St, SB, 93101

Phone: 805-965-1071, www.hacsb.org

Peoples' Self Help Housing, Countywide

Santa Barbara Office (Victoria)

Provides affordable housing and programs leading to self-sufficiency for individuals, low-income families, seniors and other special needs groups on California's Central Coast.

Santa Barbara Office

26 E. Victoria Street, SB, 93101
Phone: 805-962-5152

San Luis Obispo Office

3533 Empleo Street, SLO 93401
Phone: 805-781-3088
www.pshhc.org

SB Community Housing Corporation, Countywide

Affordable housing properties including the New Faulding.
11 E. Haley St, SB, 93101
Phone: 805-963-9644
www.chcsb.com

WillBridge (Dual Diagnosis), SB

Permanent Housing, 6 Co-Ed units, 30% of income towards rent (18 E. Sola, SB, 93101)
Permanent Housing, 8 Co-Ed units, must be employed, 30% of income towards rent (2904 State St # A, SB, 93105)
Phone: 805-448-5547

Note: Many applications are available online and can be printed out.

The second step, or a concurrent one, is to apply for a Section 8 housing voucher. The Section 8 Housing Choice Voucher Program allows low-income households (voucher holders) to pay approximately one-third of their income in rent and utilities to participating housing providers. The remainder of the rent is paid through federal subsidies to the housing providers by HACSB. The waiting list is long but priority may be given to: Chronically homeless individuals , Veterans, Seniors, or Vulnerable or disabled individuals

Veteran Services

“While the number of Veterans experiencing homelessness has been declining over the past three years, 67,000 former service men and women were homeless on a given night in 2011 as estimated by the VA. In general, Veterans have high rates of Post-Traumatic Stress Disorder, traumatic brain injury, and sexual trauma, which can lead to higher risk for homelessness. About half of homeless Veterans have serious mental illness and 70 percent have substance abuse problems. Veterans are more likely to live outdoors —unsheltered — and experience long-term, chronic homelessness.”

National Call Center For Homeless Veterans

If you need housing assistance, call the National Call Center for Homeless Veterans at 1-877-4AID-VET (1-877-424-3838). When you call:

You will be connected to a trained VA responder.

The responder will ask a few questions to assess your needs.

If you're a Veteran, you may be connected with the Homeless Program point of contact at the nearest VA facility.

Contact info will be requested so staff may follow up.

CA Department of Veterans' Affairs

To find out about housing assistance programs available in your area or for a statewide directory of CA homeless service organizations

Phone: 1-800-952-5626, 1-800-324-5966.

CAL-VET Home Loans

800-952-5626

www.calvet.ca.gov/homeloans

CAL-VET – Women Veterans

womenveterans@calvet.ca.gov

916-653-2327

Disabled American Veterans (37)

Serving the Veterans of Santa Barbara Ellery Price, Commander/serv officer
112 W. Cabrillo Blvd., SB

Phone: 805-965-7109

Employer Support of the Guard and Reserve

1-800-336-4590

HVRP: PATH Santa Barbara

Helps Veterans Find Meaningful Employment.

Phone: 805-570-1451

Independent Living Resource Center

Work with disabled veterans. Call for more information.

Phone: 805-963-0595

New Beginnings Supportive Service for Veteran Families (SSVF)

Serving veterans and families of veterans in Santa Barbara.

324 East Carrillo St, Suite C, SB

Phone: (805) 963-7777 ext. 107.

www.sbnbcc.org

Supportive Services for Veteran Families

Funding for homeless prevention & rapid rehousing.

Phone: 805-962-6281 ext. 115

SB VA Community-Based Outpatient Clinic

Health care, mental health care

Mon– Fri 8am – 4:30 pm.

4440 Calle Real, SB, 93110

Phone: 805-683-1491

Santa Maria VA Community-Based Outpatient Clinic

Health care, mental health care

1550 E Main St, Santa Maria,

93454

Phone: 805-354-6000

SB County Veterans Service Office

Help with all types of paperwork and referrals. Call first for appointment. VA Service Representative.

315 Camino Del Remedio, SB, 93110

Phone: 805-681-4500

SSVF: Supportive Services For Veteran Families Program. See New Beginnings and Salvation Army

The Salvation Army Hospitality House

VA funded Grant Per Diem transitional housing beds and SSVF.

Phone: 805-962-6281 ext 123

VASH Program

The HUD-Veterans Affairs Supportive Housing (HUD-VASH) program combines

Housing Choice Voucher (HCV) rental assistance for homeless Veterans with case management and clinical services provided

by the Department of Veterans Affairs (VA). VA provides these services for participating Veterans at VA medical centers (VAMCs) and community-based outreach clinics.
805-681-4500

Veterans Administration Greater Los Angeles Healthcare System:

The largest, most complex healthcare system within the Department of Veterans Affairs. It is one component of the VA Desert Pacific Healthcare Network offering services to veterans residing in Southern CA (including SB) and Southern Nevada.

Phone: 310-478-3711

11301 Wilshire Blvd, LA, 90073

www.losangeles.va.gov

Veterans Reps, SB County

The Veterans Services Program provides assistance to the community of Veterans in applying for, obtaining, and maintaining all available benefits and entitlements to which they may be eligible.

***SM Vet Rep:** 511 E. Lakeside Parkway Rm. 126, Santa Maria, 93455

Phone: 805-346-7160

***SB Vet Rep:** 315 Camino Del Remedio, Bldg. 2, Rm 251

Santa Barbara,

93110

Phone: 805-681-4500

***Lompoc Vet Rep:** 108 E. Locust Ave

Lompoc, 93436

Phone: 805-737-7900

The Workforce Resource Center

Financial coaching

1410 S. Broadway, SM 93454

Kay Wade: 805-614-6781

Social Security

US. Social Security Admin. Office Santa Barbara

355 Paseo Nuevo, SB
Phone: 866-695-6285

Santa Maria

2436 Professional Pkwy, Santa Maria, 93455
Phone: 800-772-1213
www.ssa.gov

Call the local SS Office to see if you are eligible to receive SS disability benefits if you are disabled, and to see about receiving your social security if you are 65 or older; in some cases you can receive early retirement benefits at age 62.

SS Income: SSI makes monthly payments to people who have low income and few resources and are: Age 65 or older; Blind; or Disabled.
Note: You can apply in person at the local office, online, or by a telephone appointment.; If you are a patient of the CARES clinic, they may assist you.

Eventually you will need proof of your identity, but you can start your app before you have the documents listed here:

The ID must be current (not expired) and show your name, identifying information (date of birth or age) and preferably a recent photograph. For example, as proof of identity Social Security must see:

U.S. driver's license;
State-issued no driver ID card; or
U.S. passport.

If you do not have one of these specific documents or you cannot get a replacement for one of them within 10 days, we will ask to see other documents, including:

Employee ID card;
School ID card;
Health insurance card (not Medicare card); or U.S. military ID card.

Tips:

- Get to know the person you are assisting so you can help communicate their experiences to the decision makers.
- Help street friend keep all required appointments.
- Turn all paperwork in on time.

-Continue seeing public health/mental health professionals.

What To Do If You Are Denied:

If denied SSI/SSDI you should immediately contact a lawyer specializing in disability law to assist with the appeals process. If you do not appeal within the period of time you are given you will need to re-apply. If you have previously been denied but there has been a change in your physical or mental health conditions you may apply again.

Amberger & Chamberlain, Disability Law

735 State St, # 512, SB, 93101
Phone: 805-618-1600

Law Offices of Lisa C. Gilinger, Disability Law

635 N. Alisos Street, SB, 93103
Phone: 805-568-5370

SB Co. Bar Association Lawyer Referral Service

Assists people in SB County who have legal problems and seek the advice of qualified attorneys.

15 W. Carrillo St, # 106, SB, 93101
Phone: 805-569-9400

Independent Living Resource Center

Benefits specialist Carol Baizer
Mon- Fri: 9am-12pm & 1-5pm
423 W. Victoria St., SB, 93101
SB Phone: 805-963-0595
SM Phone: 805-925-0015

Payee -- Social Security's Representative Payment Program

Financial management for Social Security and SSI payments of beneficiaries who are incapable of managing their payments. Generally, family or friends serve in this capacity. When not possible, Social Security looks for qualified organizations to be a payee.

Phone: 866-695-6285

ProPay, Countywide

For Clients of Behavioral Wellness.

Public Guardian, Countywide

Referrals for conservatorship
105 E. Anapamu St, SB, 93101
Phone: 805- 568- 2790

The Bill Payers

Phone: 805-985-3903

Children

Childwelfare Services, Countywide

(CWS) helps protect children and preserve families, by:
Assessing and investigating allegations of child abuse or neglect. Offering voluntary or court-ordered services to families to ensure child safety in the home and strengthen the family. Arranging placements and services for children for whom a safe return home is not possible. **To report child abuse or neglect:** Call Child Welfare Services toll-free: **(800) 367-0166.** Mandated Reporters: follow up with form SS 8572. If anyone is in immediate danger of harm, call 911.

Day Care/After School for Children

Girls Inc of Greater Santa Barbara

Girls 4 ½ to 18 . Each day after school, girls at their licensed childcare centers enjoy quality, structured, educational and research-based enrichment programs designed to instill the specific knowledge, skills, and attitudes girls need to thrive. Summer Camp programs also available.
Goleta Valley Center
4973 Hollister Ave, Goleta, 93111
Phone: 805-967-0319
Santa Barbara Center
531 East Ortega Street, SB
Phone: 805-963-4757

Storyteller

Tuition-free early childhood education for homeless & at-risk children in SB County. Comprehensive support services for their families.
2115 State St (Admin office) SB, 93105
Phone: 805-682-9585

Transition House Infant Care Ctr, SB
425 E. Cota St, SB, 93101
Phone: 805-730-3328

Support -Families with Children

Project Preemie

Program for pregnant and parenting women with dual diagnosis issues.

412 East Tunnell Street, SM,
Phone: 805-925-0315

Storyteller Children's Center, South County

Early childhood education and comprehensive support services.

Storyteller

Children's Center helps homeless and at-risk families improve their lives.

- Childcare & Early Childhood Education
- Counseling/Family Support Services
- Case Management
- Parent Support Groups/Education Workshops
- Mental Health/Disability Services
- Disability Services
- Physical Health, Vision & Dental Screening
- Nutrition Services

2115 State St (Admin office) SB,
93105

Phone: 805-682-9585

Temporary Assistance to Needy Families (Welfare)

The TANF program, which is time limited, assists families with children when parents or other responsible relatives cannot provide for the family's basic needs.

234 Camino Del Remedio, SB, 93110
Phone: 805-681-4401

Women, Infants & Children Program (WIC)

A federally-funded health and nutrition program for women, infants, and children

234 Camino Del Remedio
Santa Barbara, CA 93110
Phone: 805-681-4401

Youth

"Youth often leave home as a result of a severe family conflict which might

include physical and/or sexual abuse. One quarter of former foster youth experience homelessness within four years of exiting foster care. Research shows a high prevalence of depression, suicide initiations, and other mental health disorders among youth who are homeless. Chronic physical health conditions are common as are high rates of substance abuse disorders. Many youth who become homeless have histories of academic difficulties including suspension and expulsion."

Youth and Family Services YMCA. Three programs:

1. Noah's Anchorage Youth Crisis Shelter

Temporary shelter for youths ages 10-17. Outreach to youths/young adults
301 W. Figueroa St, SB, 93101
Phone: 805-963-8775

2. Support and Outreach Services

Street Outreach and case management team for youth up to age 24

Drop in center for 21 and under, youth ages 22-24 must call to schedule an appointment off-site

301 W. Figueroa St, SB, 93101
Phone: 805-963-8775

3. My Home

Transitional living program for former foster youth, ages 18-21

422 E. Cota Street Suite 101A, SB,
93101

Phone: 805-560-8250

SAFTY

Safe Alternatives for Treatment of Youth (SAFTY) is a 24-hour 7-days-a-week crisis service that specializes in providing immediate response and support for individuals age 21 and younger. Operated by Casa Pacifica.
Phone: 1-888-334-2777

Vehicle: A Place to Sleep

Note: It may be illegal to sleep in certain types of vehicles on public streets in SB Co.

New Beginnings Safe Parking Program

A safe place to park your vehicle and sleep overnight legally

Criteria: Current license, registration and insurance.
324 E Carrillo St, C, SB, 93101
Phone: 805-963-7777, 805-845-8492,
805-637-6242

Companion Animals/Pets

Assistance Dog Special Allowance Program

The Assistance Dog Special Allowance (ADSA) Program provides a monthly payment of \$50 to eligible persons who use a guide, signal, or service dog to help them with needs related to their disabilities. The allowance is to help pay the costs of food, grooming, and health care for the dogs.

WHERE TO GET INFORMATION?

Office of Services to the Blind
744 P Street, MS 8-16-94

Sacramento, CA 95814

(916) 657-2628 (Voice)

(916) 653-7651 (TTY)

Email: ADSAUser@dss.ca.gov

C.A.R.E.4Paws works to reduce pet overpopulation, prevent animals from ending up in shelters and improve quality of life for pets and their families. We offer a range of services for pet owners in need, including free spays/neuters, intervention programs and bilingual community outreach
Phone: 805.968.CARE (2273)
www.care4paws.org

Diana Basehart Foundation

Financial help for essential veterinary care to low-income families, seniors, veterans, and the disabled in Santa Barbara County.
Phone: 805-222-4567

SB Humane Society (Members only)

For a \$25 annual fee, owners can update their pets' vaccines for a lower price (eg rabies -\$12.50) Other services include boarding, nail trims, etc.

Call 805-964-4777 Mon-Fri at 10amNoon or 2-4pm to make an appt.

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www.commongroundsbcb.org

The Common Ground Santa Barbara County volunteer effort is a special project of the United Way of Northern Santa Barbara County. The substance and findings of the work are dedicated to the public.

Navigating With A Person Experiencing Homelessness To Housing

- 1) Complete a Vulnerability Index Survey
- 2) Complete the "C3 Common Housing Application" as a template for all other housing applications.
- 3) Connect with other resources as appropriate. This may include Social Security, County Public Health, Youth Services, Veterans Services, County Mental Health, Recovery Community, etc.

By navigating systems alongside friends, you can act as an advocate to ensure they receive the services they need.

Street Outreach

Common Ground Santa Barbara County is dedicated to training and providing resources to support ending homelessness in our county. You can support this work in many ways:

- 1) Join a Common Ground Santa Barbara County outreach team! For more information please visit our website www.commongroundsb.org
- 2) Organize a sock, cereal bar, rain poncho, or toiletries drive. These items are invaluable when it comes to outreach.
- 3) Attend a volunteer training to learn best practices of outreach!
- 4) Volunteer with a non-profit or community action group that needs your help. You can learn more about these opportunities on our website: www.commongroundsb.org

Supporting Newly Housed Individuals

Newly housed friends are experiencing a significant change in their lives. With housing comes a new environment, neighbors, and, for those chronically on the streets, a need to build new skills and create new social structures. This can be stressful, but you can help in many ways, here is how:

- 1) Participate in our Common Ground Santa Barbara County housing outreach programs. Visit with friends in housing in a laid-back environment. Offering a listening ear is often just what a friend needs.
- 2) If you are unable to attend the housing outreach, you can still contribute to our weekly housing meal shares. Disposable utensils, napkins, drinks, healthy food, and salads are a huge help as some people newly in housing have limited incomes.
- 3) Helping furnish an apartment with simple necessities is another great way to help a person feel more at home. New or gently used items are welcome as are basic household items: towels, pots, pans, dish soap, toiletry items, and

To join a Common Ground Santa Barbara County Outreach or Housing Team or if you are interested in organizing a Sock & Supply Drive or contributing to one of our weekly Housing Meal Shares, please e-mail

*cgvolunteers@gmail.com
or call (805) 451-5604*



United Way of Northern
Santa Barbara County



