

Physical and Mental Health

Access Line

Mental Health Screening, Crisis Support, Referrals, Info
1-888-868-1649, 24-Hour Toll Free

SB Cottage Hospital & Emergency Room

911 for medical crisis, or behavior that is a danger to self or others
320 W. Pueblo St, SB
Phone: 877- 247-3260

American Indian Health and Services

4141 State St. A-3, SB
Phone: 805-681-5488

C.A.R.E.S Outreach

Crisis and recovery emergency services. Call for help with
assessment and psychiatric referral. Sara Grasso, MFT
Phone: 805-884-6850; 805-698-0071

Community Counseling & Education Center

923 Olive St, Suite 1, SB
Phone: 805-962-3363

Cottage Hospital Emergency Psychiatric Services

Phone: 805-569-7210

Doctors Without Walls- SB Street Medicine

Free, volunteer medical care to the most vulnerable in SB County.
4 clinics to serve the diverse medical needs of SB. Clinics are
offered year round, rain or shine. Clinics:

- Isla Vista Clinic (6586 Picasso Road Isla Vista, CA 93117)-Every other Mon 5pm
- Pershing Park and Mobile Clinics- Every Wed 5:30pm.

- Alameda Park Clinic- Every Thurs 6pm.
- Women's Free Homeless Clinic at Transition House (434 E Ortega St) 2nd, 3rd and 4th Fri of each Month from 9:30am-2pm. Free medical care, showers, laundry, clothing & lunch. Free roundtrip transportation from Transit Station, SB Library & Casa Esperanza.

Domestic Violence Solutions

24-Hour Crisis Line: 805-964-0965
Phone: 805-963-4458

Eastside Family Dental Clinic

923 N. Milpas St., SB
Phone: 805-884-1998

Eastside Neighborhood Clinic

915 N. Milpas St., SB
Phone: 805-963-1641

(Physical & Mental Health cont.)

Franklin Health Care Center, 1136 E. Montecito St., SB

Phone: 805-568-2099

Franklin Health Care Center @ Casa Esperanza, 816 Cacique St, SB

Phone: 805-884-8481

Franklin Health Care Center @ Rescue Mission, 535 E. Yanonali St, SB

Phone: 805-966-1316

Hospice of SB (Grief Counseling)

Phone: 805-563-8820

Medical Detox Cottage Hospital (with insurance)

Phone: 805-569-7253 (Intake)

Mental Wellness Center (formerly Mental Health Association) .

617 Garden St, SB
Phone 805-884-8440

New Beginnings Counseling Center, 324 East Carrillo St, Suite C, SB

Phone: 805-963-7777

Pacific Pride Foundation, 126 E. Haley St., A-11, SB

Phone: 805-963-3636

Pathpoint, 402 E Carrillo St, B, SB

Phone: 805-963-1086

Planned Parenthood, 518 Garden St, SB

Phone: 888-898-3806 for walk in hours

Project Recovery Detox Program, 133 E. Haley St., SB

Phone: 805-963-1836

Rape Crisis Center, 433 E. Canon Perdido, SB

24-Hour Crisis Line Phone: 805-564-3896 Phone: 805-963-6382

Santa Barbara Health Care Center, 345 Camino Del Remedio, SB

Phone: 805-681-5488

Victim Witness (Victims of crimes), 1112 SB St, SB

Phone: 805-568-2400, 805-568-2453

Westside Neighborhood Clinic, 628 W. Micheltorena St., SB

Phone: 805-963-1546

VA (SB Community Based Outpatient Clinic), 4440 Calle Real, SB

Phone: 805-683-1491

You can find a more detailed

Resource Guide at:

www.commongrounds.org



Quick Guide To Santa Barbara Community Resources

This resource list is a starting guide, tailored specifically for people experiencing homelessness. It is not meant to provide an exhaustive list to every resource available and the list is open to suggestions and revisions. A more complete Resource Guide can be found at www.commongrounds.org. Common Ground Santa Barbara County does not endorse any particular service, residential, outpatient program or sober living facility. This list is provided for information only. You can also call the 211 Helpline – dial 211 from a phone for referrals to services. throughout Santa Barbara County.

Shelter/Transitional

Casa Esperanza Homeless Center, 816 Cacique St, SB,
Phone: 805-884-8481

Domestic Violence Solutions, 24 hr hotline/phone: 805-964-5245

New Beginnings Safe Parking Program, 324 E Carrillo St, C, SB
Phone: 805-963-7777, 805-284-3463, 805-637-6242

Noah's Anchorage Youth Crisis Shelter, 301 W. Figueroa St, SB
Phone: 805-963-8775

Salvation Army Hospitality House, 423 Chapala St, SB
Phone: 805-962-6281

Santa Barbara Rescue Mission, 535 E Yanonali St, SB
Phone: 805-966-1316

Transition House Family Shelter, 425 E Cota St, SB
Phone: 805-966-9668

www.commongrounds.org

For additions or changes please email cgvolunteers@gmail.com. The work that provided the basis for this publication was supported by funding from Santa Barbara County Alcohol, Drug and Mental Health Services. The substance and findings of the work are dedicated to the public. The author and publisher are solely responsible for the accuracy of statements and interpretations. Such interpretations do not necessarily reflect the views of the government.

Housing

Garden Street Apartments, 617 Garden St, SB
Phone: 805-884-8440

Hotel de Riviera, 125 W. Carrillo St., SB
Phone: 805-963-6443

Peoples Self Help Housing, 26 East Victoria St SB
Phone: 805-962-5152 x 232

Sarah House (End-of-life Care), 2612 Modoc Rd. SB
Phone: 805-882-1192

SB City Housing Authority, 808 Laguna St, SB
Phone: 805-965-1071

SB Community Housing Corporation, 11 E. Haley St, SB
Phone: 805-963-9644

SB County Housing Authority, 5575 Armitos Ave, Goleta
Phone 805-967-3402

St. Vincents Family Strengthening Program, 4200 Calle Real, SB
Phone: 805-683-6381

VASH (VA Health Care Eligible Veterans)
Maya 805-904-3815; mya.thornburgh@va.gov

Villa Majella (Pregnant Women), 604 N. Kellogg Ave., SB
Phone: 805-683-2838

WillBridge, 904 W. Mission SB
Phone: 805-448-5547

Social Services/Veterans Services

Santa Barbara County Social Services (General Relief,
CalFresh/Foodstamps, MediCal)
234 Camino Del Remedio, SB
Phone: 805-681-4401

Santa Barbara County Veterans Service Officer
315 Camino Del Remedio, Bldg. 2, Room 251, SB
Phone: 805-681-4500

Supportive Services for Veteran Families
805-963-7777 ext. 107 (New Beginnings)
805-962-6281 x115 (Salvation Army/Hospitality House)

**VA (SB Community Based Outpatient Clinic/including VA
Social Worker)**, 4440 Calle Real, SB
Phone: 805-683-1491

US Social Security Admin Office, SB, 355 Paseo Nuevo, SB
Phone: 866-695-6285

Advocacy & Legal

Bankruptcy Clinic, 1415 State St, SB
Weekly on Fri: 10am–12pm

California Rural Legal Assistance, 22 N. Milpas St, Suite F, SB
Phone: 963-5982

Family Law Facilitator, 1100 Anacapa St, SB
Phone: 805-882-4660

Jail Discharge Planning, Tona Wakefield
Email: tona@bringsbcohome.org

**Legal Aid Foundation of SB County Homeless Education &
Legal Project (Emily Allen):**

Help with tickets & referrals. Clinic:

Mon 10am Common Ground Santa Barbara County (131 E
Anapamu St, SB).

Wed 10:30am at Casa Esperanza (816 Cacique St, SB).

Thurs 2 pm at Salvation Army (sober space) 423 Chapala St, SB.
Or by appointment.

301 E. Canon Perdido St, SB,
Phone: 805-963-6754 Ext 113

Legal Resource Center, SB County Superior Court, McMahon
Law Library, 2nd Floor, 1100 Anacapa St, SB
Phone: 805-568-3303

Mon: 1-4pm

Tues: 9am-12pm 1-4pm

Wed: 9-11:30am 1:30-4pm

Thurs: 9am-12pm 1-4pm

Law Offices of Natasha Chamberlin (Disability Law),
735 State St, Suite 512, SB
Phone: 805-618-1600

Law Offices of Lisa Gilinger (Disability Law),
635 N. Alisos St, SB
Phone: 805-568-5370

Independent Living Resource Center
423 W. Victoria St, SB
Phone: 805-963-0595

Parole Operations, 1555 W. 5th St., Oxnard
Phone: 805-382-8151

Probation, Santa Barbara County
4500 Hollister Ave, SB,
Phone: 805-692-4840
117 E. Carrillo St., SB
Phone: 805-882-3753

Project Outreach (SB & Goleta): Volunteer lawyers provide
“advice only” outreach at community centers, & offer pro bono
representation in certain types of cases. Clients are seen on a
“first-come, first served” basis, so please arrive before 4pm to
sign up. Doors close at promptly at 4pm. Please call the
community center ahead of time to ensure an attorney will be
present. The current hours of operation and locations are:

Tues, 4pm, Franklin Neighborhood Center,
1136 E. Montecito St, SB
Phone: 805-897-2582

**Wed, 4pm: Goleta Valley Community Center (Family Law
available),** 5679 Hollister Ave, Goleta,
Phone: 805-967-1237

Thurs, 4pm, Westside Community Center,
423 W. Victoria St, SB
Phone: 805-897-2560

Public Defender, Santa Barbara Office
1100 Anacapa St, SB
Phone: 805-568-3470

Rental Housing Mediation Task Force
735 Anacapa St, SB
Phone: 805-564-5420

Restorative Policing
Officer Hove 805 331-664
Officer Burleigh 805-805-331-6453

Santa Barbara County Bar Association Lawyer Referral Service
15 W. Carrillo St, 106, SB
Phone: 805-569-9400



If you are not sure who to call, 211 can help.

NOTES: